



THE FLAME



Volume XIII Issue IX

"Put out" by the Camas Valley Fire Department Auxiliary

October 2013

Firewise = Fire Safe

The fire danger in Camas Valley is Low at the present and the State Dept. of Forestry just declared Fire Season in Southern Oregon closed. After dealing with the effects of the Douglas Co. complex, now is the time to ask yourself the question, "What can I do now to help volunteer firefighters of Camas Valley Fire District?"

There is a website, www.firewise.org, that can help you assess your properties' vulnerability to rural wildfires and give you ideas of what to look for on your properties to protect your home. The website is a wealth of information for homeowners, firefighters and community leaders. It also has online courses for homeowners, civic leaders and firefighters. The homeowner's course I took is called "[firewise landscape course](#)". I thought it was an excellent course and told me a lot of things that I need to do around my home to help protect against wildfires.

Another thing on the website is that you can follow information about fires around the country and in Oregon through maps, Face book, Twitter and blogs. There is a newsletter on this site that you can subscribe to and, of course, it's free. Everything I've told you right now is all free and if you are like me, you love things that are free.

I can go on and on about this website but I don't think we have enough room in the "**Flame**" to cover everything. I'm recommending that our neighbors go to this website www.firewise.org and check it out for yourselves as it has a wealth of information. I am still exploring the website myself.

Ken Wallace
Camas Valley Fire District Board Member

6,5,4,3,2,1-YIKES!

The countdown is on! Only six more weeks to come up with some great ideas for the annual **Camas Valley Volunteer Fire Department Appreciation Dinner** Silent Auction. Mark your calendars for the **second Saturday in November, the 9th**. Yep, this fundraising event has been moved up from December.

Come with your favorite salad, side dish, or dessert and your appetite! Get your creative juices flowing and wow us with your arts, crafts, gift baskets, baking, or whatever. Make your neighbor bid high for that auction item! All proceeds go to the **Fire Dept. Building Fund**.

The Angel Tree, run by **Mary Helen Banks** and **Tina Fisher**, will be ready for you to play Santa. Kid's Corner will be loaded with books, toys and a bike for the younger crowd to win. Come join the fun!

Support Your Community

The **Camas Valley Grange** is able to keep our Community Building open due to two ongoing fundraisers which pay the insurance, utilities, maintenance, etc. These are the Ladies Luncheon on the first Wednesday of every month and the Senior Luncheon on the third Wednesday.

The Ladies Luncheon offers an entrée, drink and dessert for only \$7. To top it off, there are often free door prizes. The Bingo games start about 1 pm.

Acknowledging the financial situations of some of our seniors, the Senior Luncheon only asks for donations to enjoy a delicious, filling meal and good company. The Bingo proceeds go back to the community in the form of a scholarship fund for CVCCS seniors.

Please support your local Grange by attending these fundraisers. Mark your calendars for Ladies Luncheons on Oct. 2, Nov. 6, and Dec. 4. The Senior Luncheons are on Oct. 23 and Nov. 20 (changed due to Thanksgiving). Sorry, no Senior Luncheon in December.

Thank You For Your Support

We received donations from

Clarence & Kay Ganieany

Anonymous

this month.

Remember our Flame is published using donations only. They may be mailed to:

Vonnie Wallace
1200 Westside Road
Camas Valley, OR 97416

Please make checks payable to
Camas Valley Rural Fire District
and designate them for
THE FLAME.

Why an email subscription?

Email allows you to keep friends and family that have left the valley for school, jobs, whatever reason to keep up with the events that affect this community.

Send their name and email address to:

jwickham52@gmail.com

and an electronic copy will be sent to them each month.

THE FLAME

The Flame is a monthly publication of the Camas Valley Rural Fire District Auxiliary. The mission of this newsletter is to keep the residents of Camas Valley informed about the events and activities of the fire department, churches, school and civic organizations that are in Camas Valley.

The Flame is provided free to all residents of Camas Valley by mail and anywhere by email.

To submit articles:
Items must be in by the **25th** of
the month before the issue
publish date.

Submit to:

Jan Baker at **541-680-5616**
Judith Wickham at **541-733-6940**
jwickham52@gmail.com or
150 Buck Springs Rd. Camas Valley

FIRE PREVENTION WEEK OCT. 6-12, 2013 
PREVENT KITCHEN FIRES
GO TO FPW.ORG AND GET COOKIN' WITH FIRE SAFETY!



**DOUGLAS COUNTY FIRE PREVENTION COOPERATIVE
PRESENTS**

FIRE PREVENTION WEEK

**OCTOBER 8TH - 10TH
HOME DEPOT**

Douglas County Schools

Tours Given Tuesday—Thursday From 9 a.m. to 2 p.m.

Call Today To Schedule A Time: 541-492-6770

The Event Is Also Open To The Public Every Day.

FIRE BOOTHS AND ACTIVITIES



SMOKEY BEAR

STOP, DROP AND ROLL

OUTDOOR FIRE SAFETY FIRE SAFE HOUSE

FIRE ENGINES AMBULANCES

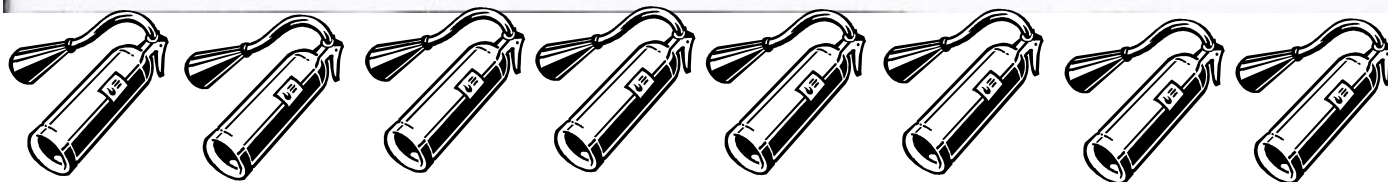
EMERGENCY HELICOPTERS

MARINE PATROL WATER RESCUE

And More!



SPARKY



Camas Valley Fun Days 2013 Finale!

Oct. 12th 10am Truck /Bike Drags

Close out the season with a win!



Happy 25th, Food Pantry!

Over the past 25 years, Dillard-Winston Food Pantry has served the families of Winston, Dillard, Tenmile, Camas Valley, Coon Hollow, and part of the Happy Valley/Green area. Operated entirely by volunteers, the Food Pantry is located in the Dillard-Winston United Methodist Church and is **open 9:30-11:30 am Mondays and Wednesdays**, as well as **4:30-5:30 pm the first and third Wednesdays** of the month, except for major holidays.

In the first eight months of 2013, the Dillard-Winston Food Pantry prepared 2,625 Emergency Food Boxes that served 11,946 household members. Each food box contains an ample five-day supply of food. Approximately 42% of those served are children and 14% are senior citizens living on social security.

To celebrate this silver anniversary, you are invited to a bakeless Bake Sale to support the Dillard-Winston Food Pantry. Rather than hold a bake sale and be held hostage by the weather and scheduling conflicts, just write a check to the **Dillard-Winston Food Panty** for the amount you would spend on ingredients or for a baked item. Mail it to: D/W Food Pantry, c/o CV United Methodist Church, Box 43, Camas Valley, OR.

We had a very successful, fun time with our students at the summer art program from August 12 to August 15. The Camas Valley Charter School was kind enough to give us a classroom for our students and their projects. We did acrylic painting, jewelry making, drawing, watercolors, paper craft, sand painting rock painting, Zentango, and fabric drawing.

We would like to thank the wonderful parents and grandparents who brought the students. We would also like to thank our faithful helpers, **Kiersten Powell, Elijah Bates, Marina Miller** and **Chace Miller**. We could not have done it without them.

It is our hope that we can continue to bring art to interested people in Camas Valley. If you are interested in having another session pleased call:

Kay Ganieany at 541-445-2867 or Amanda Powell at 541-670-0360.

Summer Art Program



THANK YOU

The CV Fire Dept. Auxiliary truly appreciates the help of all the volunteers who gave up their weekend to work the gates at the Fun Days in September. This event could not be held without the selfless efforts of people like yourselves.



Camas Valley Business Directory

The directory will be printed when space allows throughout the year. We encourage our readers to patronize local businesses and support your neighbors!

Type of
Business

Name of
Business

Owner/
Contact person

Phone
Number(s)

Days open

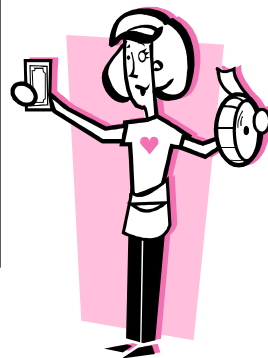
Hours open

Mail form to: Judith Wickham
150 Buck Springs Rd.
Camas Valley, OR 97416

Or email information to :

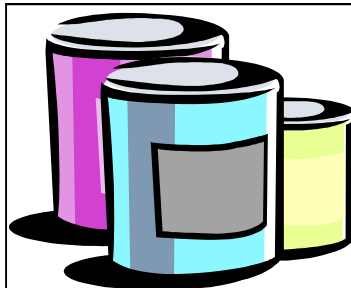
jwickham52@gmail.com

Quilt Raffle Tickets Now on Sale



This year's raffle quilt is a striking Carpenter's Star pattern, queen-sized quilt in gray/black/wine crafted by **Linda Underhill** and machine quilted. It is hanging at **DC Co-op** in Winston (formerly Harrison's Hardware). Believe me, you must see it to appreciate it. You may purchase tickets from **Betty**, at **Bravo Bakery and Cafe**, **Market Plus** and at **DC Co-op** for a mere **\$1/ticket**.

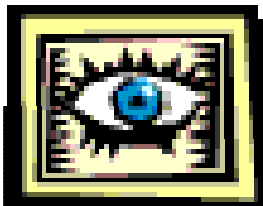
The drawing will be held at the annual **Camas Valley Volunteer Fire Department Appreciation Dinner** on **November 9th**. Please note the change of date from previous dinners. All proceeds go to the **Fire Dept. Building Fund**.



Kudos for a great community effort!

During the month of September, the **Missionary Church** and the **Christian Fellowship Church** joined efforts in a project called Unconditional Love for our Community. They challenged the Camas Valley community to drop off canned goods for the Dillard-Winston Food Pantry at the **Bravo Bakery and Café**. The drive was a great success and our hungry neighbors will directly benefit.

Thank you!



Dry Eye Syndrome

By Ketti Walker, RN

The normal tear layer consists of a three-layer structure – the “water” or aqueous layer is the thickest, composing 90% of the tear film; the outermost oil layer helps prevent evaporation of the tears and a thin inner mucous layer aids the tear film to spread out evenly. A feeling of “dryness” of the eyes, grittiness, irritation, itching, foreign-body sensation or mucous secretion are common symptoms associated with tear deficiencies. People with dry eyes are extremely sensitive to their environment; symptoms increase in conditions of low humidity and wind.

As we concentrate, we all blink less often. The rate of blinking can decrease by more than two thirds in some cases when we do tasks such as reading, driving, working on the computer, sewing or even watching television. The tears that cover our eyes are then more apt to dry out during these times, resulting again in reflex tearing in many cases. This drying can occur in as little as 15-20 minutes after we begin a visual task. This is one of the major reasons that our

eyes can feel “tired”. The drying out of the eye’s surface can also result in blurred vision since the cornea (the clear “window” in front of the iris) needs to be “glass” smooth for optimal clarity.

The mainstay of treatment for dry eyes involves the use of artificial tears to help supplement our basal tear secretion. In milder cases, these can be applied up to four times a day or before beginning a visual task of a duration more than 15 minutes. Non-preserved artificial tears are more expensive but are recommended for those with more significant symptoms of dryness. These can be used more frequently because these drops have no preservatives. **If there is no improvement noticed with this treatment, please discuss this with your doctor.**

It is important to keep in mind that the dry eye syndrome is a lifelong condition and that most therapies will take a period of time before improvement can be realized. In addition, treatment is a long-term process.

Artificial tears

Aquasite
Hypotears
Moisture Drops
Tears Naturale
Tears Plus

Preservative-Free Artificial Tears

Aquasite
Bion Tears
Celluvisc
Hypotears PF
Refresh Plus
Tears Naturale Pluse
Genteal
Refresh Tears



From the Superintendent's Desk

As I write this, we are in our 5th week of school and the normal rhythms and routines are settling in as staff and students go about their important work. I am so impressed at this point with the work our staff members are doing. Everyone seems to be going above and beyond to serve the district and the students. We even had one staff member save a student's life!!!!

Our secondary tutorial period seems to be a success, with teachers and students talking about how much it is helping students keep on top of their studies.

In other news, **Parent Teacher Conferences** will be happening the week of November 4th. Elementary staff will contact parents during the week and arrange meetings as convenient for parents and teachers. Secondary teachers will gather together and share information so that advisors can call the parents and give them an overview of how students are doing. These phone calls will take place during the week, and parents are welcome to come in to visit any teacher during the evening of **November 7th**, when all teachers will be here from **5 p.m. until 8 p.m.** Response to the phone calls has been very positive over the past two years, and we look forward to collaborating with you to make your child as successful as possible.

Homecoming is another big event at the school. Our Homecoming week is October 14th-19th. We are planning to have the homecoming parade on **October 17th at 5:30**, and the bonfire will follow when it gets dark. For Homecoming week the **volleyball** team plays New Hope on the **15th** and Pacific on the **18th**. The **football** game will be **Saturday** against Prospect at **1:00 p.m.** All these games are at home.



Let's make it a positive, fun filled homecoming week for the kids.

Patrick Lee
Superintendent/principal
Camas Valley Community Charter School

PE Place



Greetings to all of you as I hope your September went well and October will be even better. The weight room is being used by all classes and is functioning nicely. A big THANK YOU goes out to Bruce "Almighty" for the donation of curl bars and some extra weight which is already being used by a number of students.

A quick update on the Penny-A-Pound fundraiser, we decided to wait to have this until December due to a much needed rest day following the trip to Gilchrist and hunting season. We will have more information to come as we get closer to that month.

I also wanted to let parents of sixth, seventh, and eighth grade students know that health will be going for about two weeks during early October, so you may see some health assignments make it home in the next few weeks. I am going to give them time to finish most of them in class, but a few may make it home.

To the parents of 8th graders, I will need some parent volunteers to come and supervise building the float, which is tentatively scheduled for October 17. Please give me a call at the school or come see me at the home football or volleyball games as I will always be around for those, so we can figure out who can help. I would also appreciate any ideas for the float as the theme is "After Dark" and we are playing the Prospect Cougars which will need to be tied in to the float in some way.

Have a great month,

Doug Naugle

PE/Health Teacher & 8th Grade Advisor



Camas Valley School

Is selling surplus inventory on the Internet
For great bargains visit:

www.publicsurplus.com

Keep checking back for more!

FREE access for the public

You can trust this source

Only public institutions sell their items on this site.



This year, homecoming is going lights out!



Homecoming week will be October 14 – 19

Dress up days: Monday – Pajama Day

Tuesday – Crazy 80's Day

Wednesday – Nerd Day

Thursday – Superheroes and Villains Day

Class competition games in the gym every day during tutorial period

Parade will be Thursday evening around 5:30 – a trophy will be awarded this year for the winning class's to proudly display for the rest of the school year! The theme is "After Dark" and you are strongly encouraged to make your floats light up or glow in the dark. Floats will be on display during the barbeque for a special "People's Choice" vote with the winner announced at the bonfire.

New this year! **There will be a barbeque and tailgate party to follow the parade!** Hosted by FFA and Leadership class. Bring your own grill or purchase a hamburger or hot dog to benefit Camas Valley Student Leadership class. All are welcome and don't forget to stay for the bonfire starting at dark!

The Dance will be after the football game and crowning of the Homecoming Queen on Saturday, October 19 from 8 to 10 pm. Dress up or dress down – just be sure to wear what glows in the dark! There will be lots of food with pizza, candy, and drinks; and lots of fun with a bounce house, big screen video games, t-shirt painting, and of course music and dancing!

Wanted:

Class Speakers

Technical Applied Math is a new course offering at CVCCS. It is a course developed by Rogue Community College that teaches math through the real-life applications found in the fields of construction, welding, manufacturing and engineering.

Do you or someone you know work in any of these fields? Would you be willing to visit our class to discuss the math and problem solving skills used as part of your job? If so, please contact **Ellen Windus** at **541.445.2131 ext. 209** to discuss further details.



Charter Council Opportunities

Charter Council is a committee made up of 5 voting members - one licensed staff, one non-licensed staff and 3 parent/community members. The Council works with the Board making recommendations about program changes, textbook adoptions, school wide improvements, budget, etc. The Council also prepares the Annual School Report to send to the state.

It is very important this Council represents the community and its view of CVCCS. Members do not need to reside in Camas Valley. Meetings take place monthly and are scheduled by the group at a convenient time for all. Now is a great time to get involved at CVCCS. Please contact the school office for more information. **541.445.2131**.

Roundball Coach Wanted

Camas Valley School is accepting applications for the 2013-2014 school year for MS Girls' Basketball Coach. Applicants must be ASEP/NFHS Certified or willing to be certified and hold a valid 1st Aide/CPR card. Coaching experience is preferred. Applicants must submit an application to the Camas Valley School office by October 10th. For more information, please contact **Jeremy Williams** at **(541) 445-2131**.



Halloween Fun Festival at Camas Valley School!



This year, the student leadership team at Camas Valley High School would like to provide the community with a safe and fun place to celebrate Halloween. The fun begins at sundown in and around the Camas Valley School gym. Younger festival goers will be treated to a spooky maze, carnival games, and trick or treating; for those who are bolder, there will be a haunted hay ride with lots of scary surprises!

Admission is absolutely FREE to all who wish to attend with game tickets given at the gate – additional game tickets will be available for purchase. Build your own caramel apple bar will be offered as a fundraising project for our FFA for a few dollars. Family friendly spooky tunes will fill the air and you can satisfy your sweet tooth with candy around every corner! There will be a costume contest with categories for all, so get your costumes ready and plan to be at the school this year for Halloween! It is guaranteed to be a real scream!



People have been making jack-o'-lanterns at Halloween for centuries. The practice originated from an Irish myth about a man nicknamed "Stingy Jack." According to the story, Stingy Jack invited the Devil to have a drink with him. True to his name, Stingy Jack didn't want to pay for his drink, so he convinced the Devil to turn himself into a coin that Jack could use to buy their drinks. Once the Devil did so, Jack decided to keep the money and put it into his pocket next to a silver cross, which prevented the Devil from changing back into his original form. Jack eventually freed the Devil, under the condition that he would not bother Jack for one year and that, should Jack die, he would not claim his soul. The next year, Jack again tricked the Devil into climbing into a tree to pick a piece of fruit. While he

was up in the tree, Jack carved a sign of the cross into the tree's bark so that the Devil could not come down until the Devil promised Jack not to bother him for ten more years.

Soon after, Jack died. As the legend goes, God would not allow such an unsavory figure into heaven. The Devil, upset by the trick Jack had played on him and keeping his word not to claim his soul, would not allow Jack into hell. He sent Jack off into the dark night with only a burning coal to light his way. Jack put the coal into a carved-out turnip and has been roaming the Earth with ever since. The Irish began to refer to this ghostly figure as "Jack of the Lantern," and then, simply "Jack O'Lantern."

From <http://www.history.com/topics/jack-olantern-history>

*Want to add
your business?
Form on pg. 4*

Camas Valley Business Directory



Alpacas, stock/fiber/ merchandise

Turkey Gulch Alpacas
LaVon Newman
Sun.-Sat., 10-5
541-445-0804

Art, private painting lessons

Lang Creek Studio
Kay Ganieany
Mon.-Thurs., by appt.
541-445-2867

Beauty products

Avon
Mary Helen Banks
call 8am—8pm
7 days a week
541/643-6317

Beauty shop

Scissor Trix
Jennie Plikat
By appt.
541-733-1919

Christmas trees, U-cut and wholesale

Calico Christmas Trees
Wayman Schmidt, owner
Nov. & Dec.
7 days/wk 9-4:30
Contact: Shari White
**541-445-2350/
541-670-0458**

Construction, building

AMSI
Bill Lindsey
Mon.-Sat., 8-7
541-643-0366

Eng. consulting design/drafting

TV Design, LLC
Troy I. Vanderhoof, P.E.
M-F, 9:00-17:00
541-643-0138

Garbage hauling/yard help

Helper Hands
Jacob Hunt
Open to calls
541-643-5454

Lanakila Peck
Open to calls
541-643-2313

Horse blankets, maintenance

**Horse Blanket Wash &
Repair**
Jeanette Day
541-445-0800

Horse, boarding/consulting/ training

**Blue & Gold Stock
Farm**
Marge Vilas
Every day, 10-5
541-430-4225

Housekeeping

Maid in the Shade
Lisa Muller
541-430-1974

Jewelry, decorative/therapeutic

Mommy & Me Jewelre
Janna Vanderhoof
M-F, 9-5 or by appt.
541-643-1934

Locksmith, keys and locks

**Camas Valley Key
Shop**
Bruce Jehning
7days/wk 24 hr. emerg.
541-445-2014

Machine quilting

Sew Fun
Linda Underhill
Call for appt.
541-580-2814

Museum/restaurant

Noah's Ark
Irvn & Shirley Thrush
S-F, 9-dark, Sat. 2-dark
541-784-1261

Portable sawmill service

**Backwoods Custom
Milling**
Harvey Saul
**541-671-1993
541-445-2888**

Real Estate, broker

**Prudential Real Estate
Professionals**
J.T. Berk
24/7
541-430-6078

Rental, carriage

Day's Carriage Service
George & Jeanette Day
541-445-0800

Rental, Storage,

BK Mini Storage
Ketti & Bill Walker
7 days/wk., daylight-dark
541-445-2902

Sewer/underground utilities/ roads/pads

**Scott Standley
Construction**
Scott & Darla Standley
Mon.-Sat., 8-5
541-445-2245

Shoe repair /leatherwork

Art's Shoe Repair
Joe Ferrara
T-F 9-5:30, Sat. 9-5.
541-673-8541

Water delivery, Bulk

Quiet Mt. Water
Rick/Rinda Quesenberry
M-F 8-5, S-Sun. by appt.
541-817-3132

October

Oh how we love pumpkin season. You did know this gourd-ish squash has its own season, right? Winter, Spring, Summer, Pumpkin.... We anxiously anticipate it every year.

~Trader Joe's Fearless Flyer, Oct. 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 HSVB @ Powers 6 pm	2 Grange Ladies Lunch Noon w/ Bingo Fire Dept. Training 7pm	3 JHVB @ Riddle 4:30 Transfer site	4 HSVB@ Gilchrist 6 pm HSFB @ Gilchrist 1 pm No School	5
6	7 JHVB @UVC 4:30 pm	8 HSVB @ Yoncalla 5	9 Grange Bus. Mtg. 10 am @Grange JHFB Home Oakland 4 pm Fire Dept. Training 7pm	10 JHVB Home Days Creek 4:30 Transfer site	11 No School	12 CV Fun Days HSFB home Elkton 1 pm HSVB Home Elkton 3 pm JHVB LFL District TBA
← Fire Prevention Week →						
13	14 JHFB Home Days Creek 4:30 Fire Dept. Bd. Mtg. 6	15 HSVB Home New Hope 5	16 Fire Dept. Training 7pm	17 Transfer site	18 HSVB Home Pacific 5:30 No School	19 HSFB Home Prospect 1 pm
← Homecoming Week →						
20	21 JHFB Home Elkton 3:30	22	23 Grange Senior Lunch 12 w/ Bingo Fire Dept. Training 7pm	24 HSVB @ Glendale 5 pm Transfer site	25 No School	26 HSFB Sherman Co. @ Gilchrist 1 pm HSVB Dist. Tourney TBA Douglas HS
27	28	29	30 Fire Dept. Training 7pm	31 Halloween Fun Festival Sundown CVCCS 		