The Flame

Volume XXIV Issue I "Put out" by the Camas Valley Fire Department Auxiliary February 2024

Another humdinger of a success!

Thanks to all those who volunteered on behalf of the **Camas Valley Rural Fire District** to make our **2024 annual Appreciation Dinner** such a success and without whom we would not be able to have this great event.

- Our firefighters who worked very hard to get everything done and vehicles moved out for this event. We appreciate you all! A BIG thank you to **Jamie Beans** for all his hard work!
- The CVFD Auxiliary – **Alysha Moore, Amanda Ruiter, Judith Wickham, and Vonnie Wallace.**
- **Judith Wickham** for getting all the wonderful toys for the children's table.
- A big thanks for **Jamie Beans** for doing a really great job as our auctioneer.
- Our famous valley master quilters and crocheting: **Mary Jean Anderson, Jeanette Day, Phyllis McDonald, Sherri Payne, Linda Underhill, and Ketti Walker.**
- **Tina Fisher** for the Angel Tree.
- Our crafters, artists and valley residents who donated items for the auction to include the following:

Beans Family, Crystal Corey, Angel Garcia, Sandy Gerke, Katrina Luck, Nicole Nelson, Terry & Joe Quinn, Lori Ross, Debbie Royal , Vonnie & Ken Wallace, Thanks so much!

We also need to give a big thanks to several businesses for their generous donations:

Alexander's Greek Restaurant,
Abacela Winery,
Abby's Pizza,
Camas Valley Disposal,
Chalet Market & Deli,
Classic Cuts Salon,
Cranberry Sweets,
DC Farmer's Co-op,
Douglas Electric,
Fred Meyers,
Jerry's Jet Boats,
Lighthouse Restaurant,
Lilly's Mexican Restaurant,
McMenamin's Restaurant,
Midtown Grill,
Mill Casino,
Red Robin,
Rippin Guide Service,
Scissor Trix Salon,
Seven Feathers Casino Resort,
Sizzler,
Wildlife Safari,
Winston Now N Then Antique Mall.

If we forgot to mention anyone please accept our sincere apologies and we'll strive to do better .

A great big thanks to our wonderful community who comes out and helps support our fire department and makes this event a great success bringing in a total for our building fund this year of **$7800**. SUPER FANTASTIC JOB CAMAS VALLEY!!!

We Appreciate Your Support!

Don Casteel

The Flame is published using donations only. They may be mailed to:

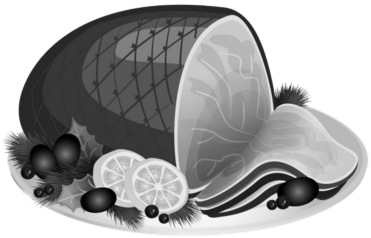
Vonnie Wallace
1200 Westside Road
Camas Valley, OR 97416

Please make checks payable to
Camas Valley Rural Fire District
and designate them for **THE FLAME.**

Dillard-Winston Food Pantry News



Thanks to the
Ford Family Foundation Christmas Grant
and generous local support,



the **Dillard-Winston Food Pantry** was able to supply **145 families** with full Christmas dinner boxes. We hope several Camas and Tenmile families were on the receiving end.

The pantry has a hard time keeping personal care items available so if you are going to the Dollar Tree, pick up an **extra tooth brush, tooth paste, shampoo, deodorant, or package of pads**. Donations can be left at the **Camas Valley Post Office** or give a call to **Vonnie Wallace** at **541-510-4334.**



Thanks so much for your generous support.

The Flame

The Flame is a monthly publication of the Camas Valley Rural Fire District Auxiliary. The mission of this newsletter is to keep the residents of Camas Valley informed about the events and activities of the fire department, churches, school and civic organizations that are in Camas Valley.

The Flame is provided free to all residents of Camas Valley by mail and anywhere by email.

To submit articles:
Items must be in by the 25th

Submit to:

Jan Baker at **541-680-5616**
Judith Wickham at
541-733-6940

Email Flame issues are handy!

Email allows you to keep friends and family that have left the valley to keep up with the events that affect this community. **Or maybe you would just like to get the Flame (in color!) early, by the 26th.**

Send name and email address to:

jwickham52 @gmail.com

and an electronic copy will be sent to them each month, **free**.



Editor wanted

The Flame is a monthly publication of the **Camas Valley Rural Fire District Auxiliary.** The mission of this newsletter is to keep the residents of Camas Valley informed about the events and activities of the fire department, churches, school and civic organizations that are in Camas Valley . As a non-profit publication we cannot print for-profit advertising. As a community based publication, we do not actively back political or religious points of view but will print submitted articles under a banner which clearly states it is not the opinion of the CVFD, but is the opinion of those submitting the article and was deemed of interest to members of the community. We appreciate humor and believe our readers do too.

I took over the Flame from it's originator, **Twyla Brown**, back in 2012 and have tried to reflect its mission in each issue. After 12 years I believe it is time for a new hand at the computer. If you are interested in journalism; valley activities; graphic arts or just playing around on the computer; want to support the **Camas Valley Volunteer Fire Department**; want to celebrate the successes of the students at CVCS, or just love the residents of this valley; this is the project for you! I will walk you through the process as many times as needed, the CVFD will get you Publisher software if you do not have it. The June issue (think end of May) will be my last, so you have some time to mull it over.

Feel free to call me, **Judith Wickham**, about it at **541-733-6940.**



FEBUARY GRANGE EVENTS

Business Meeting
February 6th @ 6:30pm

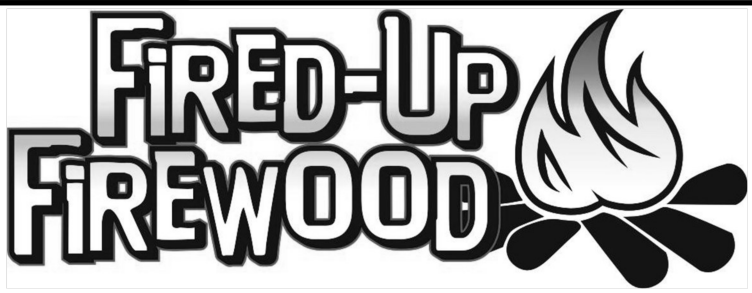
Grange Bingo February
9th @ 6:00pm

Community Dinner
February 15th @ 6pm

Community Luncheon & Bingo
February 23rd @ noon

Christmas Community Planning meeting for 2024 Saturday February 17th @ 10am





The **CVCS Travel Club** is raffling fir wood, ready for next season's burning.

Each raffle ticket is **$5**

5 tickets / $20.

If the winner is within 10 miles of the school, we will deliver and stack the wood for $50, otherwise, transportation is the responsibility the winner.

Purchase tickets from the **CVCS office**!

Raffle closes **February 12th,** and the winner contacted on **February 15th.**

The raffle proceeds are going toward for a **week-long trip** we're hoping to take in **May** to the East Coast, where we'll visit New York, Washington D.C, and Boston. We plan on visiting the White House, Ellis Island, and other important/ historic sights!

Superintendent's Message

Dear Camas Valley Family,

Sports!? I loved playing them; in fact, I believe they saved my life and taught me a lot of traits that have helped me as an adult: commitment, loyalty, sacrifice, putting others first, and a lot more. When you are one playing, you become a fan, which is a whole different thing, and then you become a parent with kids playing, and our passion for the sport becomes fanatic; the question is, what do we do with this?

In our country, there is a shortage of refs, and it's getting worse, the reason why; because of the way fans treat them. I get it, I umpired high school and college baseball for 20 years, and I finally quit; why? The negative fans. In the middle of this, I had 4 kids playing sports, and I realized I was part of the problem!

I did some research and found an expert in this field, his name is Bruce Brown. I read his material and went to his conferences and I learned a lot, not only about the topic but about myself. He teaches that there are 4 roles in youth sports: 1. Player, 2. Fan, 3. Coach, 4. Official, you can only be one of those, if you don't stay in your role, it becomes a negative experience for the people in the roles that you cross over into.

Mr. Brown states your role as a fan is to encourage and cheer on your team, which leads back to me. I used to yell at refs and umpires, coach kids from the sidelines, criticize coaches and so on. I learned that I needed to stay in my role, why; simply put, I wanted to make the game more enjoyable, and I wanted to model respect for the refs, coaches, and players. I have to say this is one of the hardest things I have ever tried to change. Sometimes, I have to take a walk out of the gym or not sit behind the plate at a game to get control of my emotions, but in the end, it makes the experience better for everyone!

A fan,

Mr. Wonsley

I'm fairly certain that the person who put the first r in February also decided how to spell **Wednesday.**

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 No School (inservice)	3
4	5 WD Pantry 9:30-11:30 **Fire Dept. Training 7**	6 Donuts with Don 9-10:30 Deli Grange mtg. 6:30 pm	7 WD Pantry 9:30-11:30 Booster Club 6:30 pm Deli Market	8 Outpost Mobile Pantry 1-3 pm Clothes closet 1-3	9 No School **Bingo** at the Grange 6pm Concessions available	10
11	12 WD Pantry 9:30-11:30 **Fire Dept. Brd. Mtg 5 Training 7** Firewood raffle closes	13	14 WD Pantry 9:30-11:30 Valentines day	15 Grange 6 pm **Valentines Dinner $10** per person School Bd. Mtg. 7 pm Raffle winner contacted	16 No School	17 Christmas Community Planning mtg 10 am Grange
18	19 **No School** WD Pantry 9:30-11:30 **Fire Dept. Training 7** 	20	21 WD Pantry 9:30-11:30	22 Outpost Mobile Pantry 1-3 pm	23 Grange Community Lunch noon $7 donation Bingo after	24
25	26 WD Pantry 9:30-11:30 **Fire Dept. Training 7**	27	28 WD Pantry 9:30-11:30	29 		



The Outpost February schedule

The Outpost Mobile Food Center will be in Camas Valley
Thurs. Feb.8 and Feb.22

Free Community Clothes Closet

First Thursday following the first Monday of the month.

When: 1:00 - 3:00 pm,

Where: Parking lot of Camas Valley Christian Fellowship

What: Providing free clothes for the community.

Why: Because we love you!

For clothing emergencies please call (503) 302-6323.

We accept clean gently used clothes, bedding, small appliances etc. We can:

- pick up items or
- meet you.





Camas Valley Business Directory

To have your business included in the **Flame**, please fill out the form below and mail or email it to the address listed. *If you missed the opportunity to get your business listed, now is the time to get your information out before our readers!*

The directory will be printed when space allows through-out the year. We encourage our readers to patronize local businesses and support your neighbors!

Type of Business
_____

Name of Business
_____

Owner/Contact person
_____

Phone Number(s)
_____

Days open_____

Hours open_____

Mail form to: Judith Wickham
150 Buck Springs Rd.
Camas Valley, OR 97416

Or email information to :
jwickham52@gmail.com

Do you have a new business in the valley? Have you expanded your business services? Is there information about your business that you need to get out to valley residents? While **THE FLAME** is a non-profit publication and cannot advertise, we can *inform* our readers about what services you offer, changes in your business, etc.

Camas Valley Business Directory



Auto Repair

C&C Diesel & Auto Repair
David Chadwick
M-F, 9-6
541-445-0005

Autobody repair/paint

Green Collision Repair/Horizon Autobody
Marvin & DeVoogd
M-F, 8-5
541-679-6100

Beauty

Lord and Lady Lavender
Jerry Ashford
Online 24/7
lordandladylavender.com
Anytime
408-857-8782

Nails by Crystal
Crystal Cummings
541-643-7253
Thurs.—Sun., 9-4

Scissor Trix
Jennie Plikat
By appt.
541-733-1919
Or in Green at 4886 Grange Rd.
541-236-7086

Christmas trees, U-cut / wholesale

Calico Christmas Trees
Shari White
Nov. & Dec.
7 days/wk 9-4:30
541-445-2350
541-670-0458

Construction, building

AMSI
Bill Lindsey
Mon.-Sat., 8-7
541-643-0366

Dump truck/rock haul

Kevin Wilson Trucking
Kevin & Michelle Wilson
541-670-6589
541-430-9851

Electrical Contractor

Alan Sabin Electric
Alan Sabin
Generac generator
Sales/maintenance/
Installation/repair
M-S 7am-6pm
541-440-3792
541-445-2070

Eng. consulting design/ drafting

TV Design, LLC
Troy I. Vanderhoof, P.E.
M-F, 9:00-17:00
541-643-0138

Fire Equipment/Services

Dia-Cast Fire Services
Sales / Rentals
Defensible space clearing/cleaning
Don/Diane Casteel
541-643-8556

Garbage Disposal

Camas Valley Disposal
Scott & Darla Standley
Wkly. Wed. pick-up
541-445-2245
541-445-2055

Handcrafted gifts

Country Crafts & Graphics
Janna Vanderhoof
M-F, 9-5 or appt.
541-643-1934

Frosted Treasure Designs
Lori Ross
541-637-9774
Frostedtreasuredesign @gmail.com

Handyman, lawn/garden equipment

Quiet Mtn. Tinker
Mike Moore
By appointment
541-580-2524

Handyman, small construction/remodel

Evertrade Const.
Aaron Blake
M-F, 9-5
541-335-9108

Health

Cody Summer Health
Health coaching
Certified transformation nutrition coach (CTNC)
Certified mental well ness coach
Certified keto and carnivore coach
www.codysummerhealth.com
541-216-4041
codysummerhealth @proton.me
Special discounts for local residents

Onesimus Health Services, LLC
Leslie Abbott, FNP,BC
Primary Care
Staff@onesimushealth.com
541-391-7506

Plexus worldwide Supplements
Charman Shields
541-430-3600
www.plexusslim.com/ charmanshields

Honey Bee Swarm/Hive Removal

Eve Scott
503-302-6323

Horses

Boarding/consult/train

Blue & Gold Stock Farm
Every day, 10-5
541-430-4225

Housekeeping

Maid in the Shade
Lisa Muller
541-430-1974

Local Artist, consignment

Local Art
Toby Teachman
Open anytime (within reason) Ring door bell on shop or call
541-243-3315

Locksmith, keys /locks

Camas Valley Key Shop
Bruce Jehning
7days/wk
24 hr. emerg.
541-445-2014

Machine quilting

Quiet Mtn. Quilting
Missy Jackson
Appt/consult
541-696-5562 (h)
541-671-3174 (c)

Sew Fun
Linda Underhill
Call **541-580-2814**

Music

Parker Piano
Lessons for all ages
LeAnn Parker
541-671-3238

Notary/Post Office

CV Post Office
Vickie Farmer
M-F 8-3 Sat 10-2
541-445-2177
541-643-5059

Pest Control

Bugguy Exterminating
Gregg Socia
M-F, 8-5 /as needed
541-537-0845
bugguyxterm@gmail.com

Portable sawmill service

Backwoods Custom Milling
Harvey Saul
541-671-1993

Real Estate, broker

Berkshire Hathaway Homeservices Real Estate Professionals
J.T. Berk
541-430-6078

Rental, Storage,

BK Mini Storage
Ketti & Bill Walker
7 days/wk.,
daylight-dark
541-445-2902

Septic systems

Lounsbury Const. & Excavation
Richard Lounsbury
541-505-4685

Sewer/underground utilities/roads/pads

Scott Standley Const.
Scott & Darla Standley
Mon.-Sat., 8-5
541-445-2245

Small engine repair

Hunt's Chainsaw
Theran Hunt
M-F **541-430-7283**

Camas Valley Churches

Camas Valley Missionary Church		Camas Valley Christian Fellowship		Camas Valley United Methodist	
Sunday		Sunday		Sunday	
Coffee Fellowship	10:00 am	Morning Worship & Sunday School	10:00 am	Morning Worship	9:00 am
Morning Worship	10:45 am			Fellowship w/ beverages and snacks	10:00 am
Youth Church	11:00 am	Monday			
Wednesday		Intercessory Prayer	9:00 am		
Prayer Group	6:00 pm	Youth Group	6:30 pm		

Camas Valley Volunteer Fire Department
PO Box 220
Camas Valley, OR 97416

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Permit No. 2442
Tenmile, OR 97481
Standard Mail A

CAMAS VALLEY PO BOXHOLDER
CAMAS VALLEY, OR 97416