



THE FLAME



Volume XVI Issue VI

"Put out" by the Camas Valley Fire Department Auxiliary

July 2016



**Behold the
rockets' red glare
from the comfort
of your chair!**

Fourth of July celebrations in Camas Valley are topped off with the *awe inspiring* fireworks display put on by the **Camas Valley Pyros** at the football field at dusk! Come early to stake out a favorite viewing spot, let the kids run around, set off some family fireworks and catch up with the neighbors. Then settle in for a loud and rousing aerial display of patriotic fervor unmatched in the county!

This annual family event is volunteer driven and funded by donations and fundraising through the Birthday Calendar. Thank you for your support by donating funds in the donation cans around the community, giving donations at the gate, and purchasing the Birthday Calendar from Mary Helen.

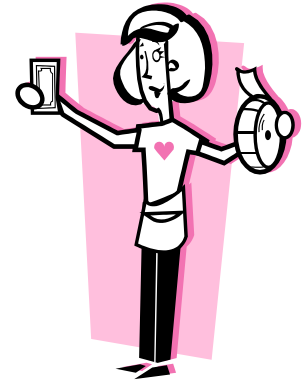
Thank you, Pyros, for all your hard work!



**Summer season
is the time for
SPEED!**

The **Mud Dawgs** are ready to howl again! All you drivers/riders get ready to show your skills July 15th-17th at the first session of the **2016 Camas Valley Fun Days!** This family friendly motor competition supports the **Camas Valley Volunteer Fire Department Building Fund**. See pages 3 and 4 for all the information on competition classes and prices.

**Quilt Raffle
on the 4th**



Make a hunter in your family very happy! The machine quilted, full-sized sportsman's quilt created by **Juanita Saul** is being raffled off at the annual fireworks display at the football field on the 4th of July to support the **Camas Valley Volunteer Fire Department Building Fund**. Get your tickets at a \$1 each today from:

- ♦ the **Bravo**,
- ♦ **DC Co-op** in Winston, and of course
- ♦ from **Betty** (541-445-2855)

This is a painless and potentially profitable way to support our volunteer fire department. They are here 24/7 for Camas Valley and we appreciate the time and training they put into their duties.

Food Pantry

While the rains are greatly needed, the cool temperatures are lulling those carefully planted gardens to sleep. Once the warm weather really sets in, **STAND BACK!**

Once you have a booming harvest, remember that the **Winston-Dillard Food Pantry** accepts fresh produce. Call **Betty** at **541-445-2855**. Until then, the food barrel at the PO is always there.

Be aware that the Food Pantry is searching for a new location but will continue to work out of the former W-D United Methodist Church location until new facilities are found. We will keep you posted.

Thank You For Your Support!

We received donations from

Gayle Bowser

Larry & Darlene Merrill

this month.

Remember our Flame is published using donations only. They may be mailed to:

Vonnie Wallace
1200 Westside Road
Camas Valley, OR 97416

Please make checks payable to
Camas Valley Rural Fire District
and designate them for **THE FLAME**.

Grange Dates



- ♦ **Tues. July 5th**
Community Luncheon for **\$7** at **noon** with bingo. **Proceeds go to Grange maintenance.**
- ♦ **Tues. July 12th at 10 AM**, is the business meeting to plan the next luncheons.
- ♦ **Tues. July 26th** Senior Lunch at **noon** with bingo. **Proceeds go to the scholarship fund.**

Why an email subscription?

Email allows you to keep friends and family that have left the valley to keep up with the events that affect this community. **Or maybe you would just like to get the Flame (in color!) early, by the 26th.**

Send name and email address to:

jwickham52@gmail.com

and an electronic copy will be sent to them each month, free.



THE FLAME

The Flame is a monthly publication of the Camas Valley Rural Fire District Auxiliary. The mission of this newsletter is to keep the residents of Camas Valley informed about the events and activities of the fire department, churches, school and civic organizations that are in Camas Valley.

The Flame is provided free to all residents of Camas Valley by mail and anywhere by email.

To submit articles:

Items must be in by the 25th of the month prior the issue publish date.

Submit to:

Jan Baker at **541-680-5616**
Judith Wickham at **541-733-6940**
jwickham52@gmail.com or
150 Buck Springs Rd. Camas Valley

Camas Valley Fun Days 2016

Supports Camas Valley Fire Department Building Fund

July 15th, 16th, 17th (Night Drags)

September 16th, 17th, 18th (Night Drags)

October 8th (Morning Drags)

Drag Classes

Powder Puff:

**4-6 cylinder, Pure Street,
Super Stock/Modified and Open**

4-6 cylinder

4X4 Truck

Jeep, Bronco, Scout

Open

Open Unlimited

Buggy Class

X Class

TOC Classes:

Stock, Modified & Unlimited

Bike Drag Classes

Peewee Quad 0-80cc

Jr. Quad 81-110cc

Intermediate Quad 110-200cc

Peewee Bike 0-80cc

Jr. Bike 81-110cc

200-249cc 2 Stroke/200-400cc 4 Stroke

250-350cc 2 Stroke/401-700cc 4 Stroke

Utility quads

Bikes 125 2-stroke/250 4-stroke

Bikes 250 2-stroke/450 4-stroke

ATV/ATC/Bikes-

Open Class (4 or more mods)

X Class (anything goes)

Side by Side

Prices: Spectator/Gate Price - \$5.00/person

12 and under Free

Seniors \$3.00

Racers \$35.00

Spouses with same vehicle \$15.00

Class bump \$5.00 (pay in advance)

Kids racers \$15.00 (13 and under)

Kids Play Track "only" \$5.00 Arm Band

Camping \$30.00 weekend

ALCOHOL AND DRUGS PROHIBITED AT THIS EVENT

2016 Camas Valley Fun Days Sponsors

SPONSORS

Lauren Young Tire Center



Bruce Standley Construction



Kytola & Luscombe Corp.



Independent Driveline



John Ewin Engineering



Market Plus

Dancer logging, Inc.

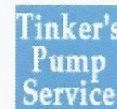
Bravo Bakery



Twin Peaks Off-Road
372 Colonial Road
Roseburg, OR 97471
541.580.0631



Kinnan Engineering, Inc.



ATV & Motorcycle sponsors

MALIGLIG RACING

Abe Rentz

G & J Fabrication



Douglas Auto Parts





After a healthy bout of spring cleaning, what do you do with the trash no longer wanted items? You know, that microwave from your first apartment, the TV with the rabbit ears and dials, the game players from the 90's, any electronics from two upgrades ago? Unless you can dump it on some desperate relative, nobody wants it.

EXCEPT...

Ryan at 541-430-7933. He repairs computers and components, does electronic recycling, and takes TV's, working or not. And he picks them up!

Goodwill at 1807 NE Diamond Lake Blvd. 541-673-0645. They do electronic recycling—TV's, computers, monitors, printers. No charge.

Steel Recyclers at 135 Kester Rd. 541-440-3005 accepts microwaves.

And if you emotionally cannot accept a fate of recycling for a beloved item—list it on Craigslist as free for the taking!

Fruit of the Spirit Creation Camp 2016 July 29th 30th 31st

Bring your clapping hand and stomping feet to camp. Open to ages 5-12 \$20 per child or \$50 a family. If you plan to attend, please return your completed registration/medical release form along with the fee by July 17, 2016.

What to bring:

- Toothbrush
- Tennis shoes
- Pillow
- Warm clothes
- Towel
- Bible
- Sleeping bag
- Water clothes (Modest please)

Mom & Dad

Please make sure your children has been showered and fed lunch prior to arriving at camp. **Please leave all Cell Phones @ home.** Camp will be held at the Amos Ranch on the Denn Road. Children should arrive at camp between 11:30 to 1:00pm July 29th. Campers will be released Sunday July 31st after church (approximately 12:30pm). Please join us for Church on July 31st at 10:00am. Baptisms and Potluck to follow. If you can't make it the children will be released at 12:30 please make arrangement to have them picked up. Any questions call **Shelly Standley @ 541-733-9562.**

Forms on page 6

(Skin from pg. 7)

There's no specific skin gene, but genetics obviously play a big role in determining your skin tone and type. Often, genetic factors are thought of in terms of heredity—that is, if your parents have a certain trait, you're likely to have it. This is at least partially true for man skin-related characteristics, such as skin type and skin color. However, it's not easy to definitively isolate genes that cause skin color.

**CVCF Creation Camp
Registration
July 29th 30th 31st**

Child's Name: _____ Age: _____

Parent/Guardian's Name _____

Address: _____

Phone #: _____

Other Contact Name/#: _____

Do You Need a scholarship at attend? Yes/No

Would you like to sponsor a child? Yes/No

Shirt Size (youth) L (Adult) S M L XL XXL

**CVCF Creation Camp 2016
Medical Release Form**

Child's name: _____

Allergies: _____

Medication: _____

Will these be brought to camp: Yes/No

Other medical conditions (eg: epilepsy, diabetes, asthma, heart)

Parent/Guardian Name Print

Parent/Guardian Name (Signature)

Your skin, the body's largest organ, covers and protects your body. It

- Holds body fluids in, preventing dehydration
- Keeps harmful microbes out, preventing infections
- Helps you feel things like heat cold, and pain
- Keeps your body temperature even
- Makes vitamin D when the sun shines on it.

Anything that irritates, clogs, or inflames your skin can cause symptoms such as redness, swelling burning and itching. Allergies, irritants, your genetic makeup, and certain diseases and immune system problems can cause rashes, hives and other skin conditions.

The actual skin color of different humans is affected by many substances, although the single most important substance is the pigment melanin. Melanin is produced within the skin in cells called melanocytes and it is the main determinant of the skin color of darker-skinned humans.

Melanocytes are found in the epidermis of your skin. There are at least three ways people can end up with different skin color. One way is if people make less pigment. Less pigment=lighter skin. Another way is when people have fewer melanocytes. Fewer melanocytes mean less pigment overall and so lighter skin. The third way is a bit more complicated and has to do with the kind of pigment someone makes. There are two types of melanin. Eumelanin is black or brown pigment and pheomelanin is red or yellow pigment. People who make lots of

pheomelanin tend to have lighter skin, often because of freckling. Freckles happen when melanocytes clump together. Melanocytes are usually spread pretty evenly in the skin. So when freckles form, some spots of the skin have lots of melanocytes (freckles) and other spots have few or none. Where there are no melanocytes, the skin is very fair.

Scars are areas of fibrous tissue (fibrosis) that replace normal skin after injury. A scar results from wound repair in the skin and other tissues of the body thus, is a natural part of the healing process. With the exception of very minor lesions, every wound (e.g., after accident, disease or surgery) results in some degree of scarring. An exception to this are animals with complete regeneration, which regrow tissue without scar formation.

Scar tissue is composed of the same protein (collagen) as the tissue that it replaces, but instead of random basket weave formation of the collagen fibers found in normal tissue, it cross-links and forms a pronounced alignment in a single direction. This collagen scar tissue alignment is usually of inferior functional quality to the normal collagen randomized alignment. For example, scars in the skin are less resistant to ultraviolet radiation, and sweat glands and hair follicles do not grow back within scar tissues. A myocardial infarction, commonly known as a heart attack, causes scar formation in the heart muscle, which leads to loss of muscular power and possibly heart failure. However, there are some tissues (e.g. bone) that can heal without any structural or functional deterioration.

(Skin cont. on pg. 5)



COACHING OPPORTUNITIES

Camas Valley School is accepting coaching applications for the 2016-2017 school year for a **MS Girls' Basketball coach**. Applicants must be ASEP/NFHS Certified or willing to be certified and hold a valid 1st Aide/CPR card. Coaching experience is preferred. Please submit your application to the Camas Valley School office. For more information, please call **(541) 445-2131**.

Camas Valley School is accepting coaching applications for the 2016-2017 school year for **HS Boys Basketball**. Applicants must be ASEP/NFHS Certified or willing to be certified and hold a valid 1st Aide/CPR card. Coaching experience is preferred. Applicants must submit an application to the Camas Valley School office. For more information please call the office at **(541) 445-2131**.



Students from the senior and junior classes will have a booth at the **4th of July fireworks**. They will have games for the little kids, drinks, 50/50 raffle and some patriotic items for a silent auction. They will be there from **6:00 p.m. to 9:00 p.m.**

All proceeds will go toward their Washington D.C. trip next May. Please come down and have some fun supporting our students.



Camas Valley Business Directory

To have your business included in the **Flame**, please fill out the form below and mail or email it to the address listed. *If you missed the opportunity to get your business listed, now is the time to get your information out before our readers!*

The directory will be printed when space allows through-out the year. We encourage our readers to patronize local businesses and support your neighbors!

Type of Business

Name of Business

Owner/
Contact person

Phone
Number(s)

Days
open _____

Hours
open _____

Mail form to: **Judith Wickham
150 Buck Springs Rd.
Camas Valley, OR 97416**

Or email information to :
jwickham52@gmail.com

**NOW IS THE TIME TO UPDATE
YOUR DIRECTORY INFORMATION!**



Superintendent's Message

It may be summer break, but things are incredibly busy here at the school. Work is being done on the parking lot, maintenance is painting classrooms, a painter is working on the outside buildings, our playground cover should be going up soon, and our modular building will arrive in early July.

Amidst all the activity, this month I'd like to remind our community that we do have a pre-school available for 3-4 year olds. Now housed in our main school building, this pre-school is an incredible opportunity for young families to give their child the skills they need to be ready for kindergarten. Each year more and more research arises showing the incredible importance of kindergarten readiness on how effective a student's future education will be. We are doing our part by providing the pre-school, so we encourage all parents of young children to enroll them. Give your child the gift of education. Contact the office for more information.

As I've spoken about in the past, kindergarten is not what you might remember from ten years ago or more. Kindergarten is academic in all regards. Students today are expected to arrive to kindergarten already knowing basic number and letter recognition. Students who don't have these skills are already behind. Kindergarten today isn't about singing, playing, and nap time. Now it is about math, reading, and academic rigor. For us as a school community to be a strong academic school, it starts even before kindergarten. By strengthening our early education system, we will make a long term investment in all our learners as they grow into middle and high school. Do you know a child that you wish to be successful in middle and high school? The best way to make that happen is by keeping that child attending regularly and not starting at a disadvantage in the early years.

Speaking of growth, early returns from our Smarter Balance Tests this year are showing some promising improvements, especially in the middle and high school levels. Good job to our teachers who are working hard, and to the students who tried their best on the tests.

Sincerely,

Patrick Lee

Principal/Superintendent



Camas Valley School

Honor Roll

2nd Semester



12th Grade

4.0 Darren Bringhurst, Katie Clarke
3.50-3.99 Alexis Roberson, Isabel Takahashi, Dylin Weickum
3.0-3.49 Tyler Palmer

11th Grade

3.50-3.99 Lane Frost, Nickayla Schiro, Jazmin Wilberg
3.0-3.49 Jake Gallagher, Trevor Godfrey, Zach Nebeker

10th Grade

3.50-3.99 Jessie Ashton, Morgan Carter
3.00-3.49 Devan Ewing

9th Grade

3.50-3.99 James Beans
3.00-3.49 Bridger Godfrey, Natasha Hibdon, Ethan Hilger,
Rylynn Palmer, Matt Powell

8th Grade

3.50-3.99 Jewels Hamilton, Alissa Vradenburg
3.00-3.49 Garrett Casteel, Isaiah Osbon, Tiernan Spicer,
Krystal Talley,

7th Grade

3.50-3.99 Hailey Holmgren, Riley Stutzman
3.00-3.49 Elizabeth Avant, Max Brown, Daymian Carlson,
Collin Ewing, Magen Hall, Izabelle Pool,
Breeana White

6th Grade

4.0 Mason Amos
3.50-3.99 Jazmin Ode
3.00-3.50 Olivia Dedmon, Clara DeRoss, Baylee Laney



American Heritage Tour Beckons Students

By: Christian Bringhurst

Imagine reading the Gettysburg Address in the presence of the marbled likeness of the 16th president who delivered the speech, the columns of his memorial framing your view of the Reflecting Pool and the Washington Monument beyond. Imagine striding up the steps of the U.S. Supreme Court, the building from which so many historical legal decisions have been made. Imagine trekking to New York City to see Ellis Island and the Statue of Liberty, the teeming streets of Times Square, the solemn site of the 9/11 Memorial, or your first Broadway show.

Now imagine you are a junior or senior attending a rural high school in distant Oregon, far from such historically and culturally significant sites, and that you have the chance to see all of this for the first time. It is a rare opportunity – one that a group of junior and senior Camas Valley students and their parents are determined to make happen next spring.

The five-day trip in May will include visits to the Lincoln, Washington, Jefferson and other presidential memorials. It includes a visit to the White House, the U.S. Capitol, the Supreme Court, Arlington National Cemetery and Mount Vernon, and tours of the World War II, Korean War, and Vietnam Veterans memorials. It includes a trip to the National Archives and Smithsonian Museums, the Martin Luther King Memorial, the Empire State Building, Rockefeller Center, Grand Central Terminal and Radio City Music Hall. In short, this trip will be one of the most powerful cultural and historical educational experiences of these students' lives, which is why it is vital that we give them the opportunity to raise the money needed to attend.

To that end, Destination D.C. – as we have taken to calling our group – will be fundraising throughout the summer and the following school year, working together as a group and independently to raise the \$1,700 individual cost. The first of these group fundraisers will occur at the annual **Camas Valley Fourth of July** celebration and is described in more detail in this issue by Michelle Mickelson.

Car washes, bake sales, 50/50 raffles and other events will follow. We have set up a GoFundMe account and a Facebook page and hope to persuade **The News-Review** and other media outlets to cover our efforts in order to garner as much public support as we can.

We invite our Camas Valley family to contribute to the cause if you can and to offer support and encouragement when you see our kiddos working to achieve their big goal.

It was Lincoln himself who once said of education:

"I desire to see the time when education, and by its means, morality, sobriety, enterprise and industry, shall become much more general than at present, and should be gratified to have it in my power to contribute something to the advancement of any measure which might have a tendency to accelerate the happy period."

It is our belief that this trip is just such a measure and that it is well worth advancing. Please support us in any way you can.

To contribute to Destination D.C., go to <https://www.gofundme.com/28dvqzvp>.

To learn more about the trip or to follow our progress, 'like' our Facebook page.

Information:

Christian.bringhurst@camasvalley.k12.or.us

Camas Valley Business Directory



Alpacas, stock/fiber/ merchandise

**Turkey Gulch
Alpacas**
LaVon Newman
Sun.-Sat., 10-5
541-445-0804

Art, private painting lessons

Lang Crk Studio
Kay Ganieany
Mon.-Thurs.,
by appt.
541-445-2001

Autobody repair/paint

**Green Collision
Repair/Horizon
Autobody**
Marvin & Rennae
DeVoogd
M-F, 8-5
541-679-6100

Beauty, health and gift

**Lord and Lady
Lavender**
Beth McNamara
Online 24/7
lordandladylavender.com
Anytime
408-857-8782

Beauty products

Avon
Mary Helen Banks
call 8am—8pm
7 days a week
541-643-6317

Beauty shop

Scissor Trix
Jennie Plikat
By appt.
541-733-1919

Christmas trees, U-cut / wholesale

**Calico Christmas
Trees**
Contact:
Shari White
Nov. & Dec.
7 days/wk 9-4:30
**541-445-2350/
541-670-0458**

Construction, building

AMSI
Bill Lindsey
Mon.-Sat., 8-7
541-643-0366

Dump runs/yard help

Helper Hands
Jacob Hunt
Open to calls
541-643-5454

Lanakila Peck
Open to calls
541-643-2313

Electrical Contractor

Alan Sabin Electric
Alan Sabin
Generac generator
Sales/maintenance/
Installation/repair
M-S 7am-6pm
**541-440-3792
541-445-2070**

Eng. consulting design/ drafting

TV Design, LLC
Troy I. Vanderhoof,
P.E.
M-F, 9:00-17:00
541-643-0138

Garbage Disposal

**Camas Valley
Disposal**
Scott & Darla
Standley
Wkly. Wed. pick-up
541-45-2245

Health and wellness

Plexus worldwide
Supplements
Charman Shields
541-430-3600
www.plexusslim.com/
charmanshields

Honey bees, hive removal, classes on honey bees

Phill the Bee Guy
Phill Moulton
phillthebeeguy@gmail.com
503-349-8463

Horses

Blankets/maintenance

**Horse Blanket
Wash & Repair**
Jeanette Day
541-445-0800

Boarding/consult/train

**Blue & Gold
Stock Farm**
Marge Vilas
Every day, 10-5
541-430-4225

Housekeeping

Maid in the Shade
Lisa Muller
541-430-1974

Jewelry, decorative/ therapeutic

**Mommy & Me
Jewelre**
Janna Vanderhoof
M-F, 9-5 or appt.
541-643-1934

Locksmith, keys /locks

**Camas Valley Key
Shop**
Bruce Jehning
7days/wk
24 hr. emerg.
541-445-2014

Machine quilting

Sew Fun
Linda Underhill
Call for appt.
541-580-2814

Museum/restaurant

Noah's Ark
Irvn /ShirleyThrush
S-F, 9-dark,
Sat. 2-dark
541-784-1261

Notary/Post Office

CV Post Office
Vickie Farmer
M-F 8-3 Sat 10-2
**541-445-2177
541-643-5059**

Portable sawmill service

**Backwoods
Custom Milling**
Harvey Saul
**541-671-1993
541-445-2888**

Real Estate, broker

**Berkshire Hatha-
way Homeservices
Real Estate
Professionals**
J.T. Berk
24/7
541-430-6078

Rental, Storage.

BK Mini Storage
Ketti & Bill Walker
7 days/wk.,
daylight-dark
541-445-2902

Sewer/underground utilities/roads/pads

**Scott Standley
Const.**
Scott & Darla
Standley
Mon.-Sat., 8-5
541-445-2245

Shetland Sheep/ English Angora Rabbits stock/ fiber

**Camas Valley
Fiber Farm**
By appt. only
541-733-6343

Shoe repair /leatherwork

Art's Shoe Repair
Joe Ferrara
T-F 9-5:30,
Sat. 9-5.
541-673-8541

Small engine repair

Hunt's Chainsaw
Theran Hunt
Mon.-Fri.
541-430-7283



July

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

					1	2
3	4 Drawing for Quilt 4th of July fireworks at dusk 	5 Community Lunch Noon / Bingo At the Grange	6 Fire Dept. Training 7pm	7	8	9
10	11 Fire Dept. Bd. Mtg. 4	12 Grange Bus. Mtg. 10 am At the Grange	13 Fire Dept. Training 7pm	14 Community Birthday Party 5:30 @Bravo	15	16
17	18	19	20	21	Camas Valley Fun Days 	
Fun Days 		23	24	25	26	27
24	25	26 Community Senior Lunch Noon/Bingo At the Grange	27 Fire Dept. Training 7pm	28	29	30
31	Creation Camp 					
Camp 						

Camas Valley Churches

Camas Valley Missionary Church	Camas Valley Christian Fellowship	Camas Valley United Methodist
<u>Sunday</u>	<u>Sunday</u>	<u>Sunday</u>
Coffee Fellowship 10 am	Men's Prayer 7:30 am	Morning Worship 9 am
Morning Worship 10:45am	Morning Worship & Sunday School 10:00 am	& Children's Sunday School
Youth Church 11 am		Fellowship 10 am
	The last Wednesday of the month all CELL groups will meet for worship and teaching at Camas Valley Christian Fellowship	w/ beverages and snacks
<u>Wednesday</u>		<u>1st Tuesday, monthly</u>
Bible Study 10:00 am	All the other Wednesdays we meet in small groups in various homes here in Camas Valley, Winston, and Roseburg areas.	Bible Study 2 pm
	A directory of all the home fellowships is available at the church.	

Camas Valley Volunteer Fire Department
PO Box 220
Camas Valley, OR 97416

Non Profit Organization
US Postage Paid
Permit No. 2442
Tenmile, OR 97481
Standard Mail A

CAMAS VALLEY PO BOXHOLDER
CAMAS VALLEY, OR 97416