



THE FLAME



Volume XIII Issue VI

"Put out" by the Camas Valley Fire Department Auxiliary

July 2013

Camas Valley Fun Days are here!

The action will be fast and furious, the fun lasts all weekend, and it is right here in Camas Valley! The **2013 Camas Valley Fun Days** will be **July 19-21**, just follow the signs to all the action. This annual event put on by the **Camas Valley Mud Dawgs** supports the **Camas Valley Volunteer Fire Dept.**

General Admission

Gate admission	\$5
Seniors	\$3
Under 12	FREE
Camping	\$30

Event Fees

Racers	\$35
Spouse w/ same Vehicle	\$15
Class bump	\$5 (in advance)
Kid Racers	\$15 (13 and under)

See the flyer at the Spirit Store for event classes information.



Support Tenmile Firefighters

July 12th and 13th is the 6th annual Tenmile Area-Wide Yard Sale. This year Tenmile Fire Department is having an open house on July 13th beginning at 8 a.m. The people of the community have decided to hold a baked food sale at the Tenmile Fire Station during the open house until sold out. This is to raise money to help buy badges for our firefighters.

We are also doing a raffle. First prize is a quilt made by **Darlene Phillips** which is on display at **Treats Hwy 42 Restaurant**. Second prize will be a gift certificate from Treats Restaurant. Third prize will be a surprise gift certificate. You may purchase tickets at Treats or at the baked food sale for \$1.00 each or 6 for \$5.00. Drawing will be July 18th.

You can contact Merrie Jo at [541-679-4342](tel:541-679-4342) for information, to purchase tickets, or donate baked goods for the sale. You may also contact Darlene Phillips for tickets at [541-679-5324](tel:541-679-5324) or for more information on the quilt.

Grange Dates for July

- ♦ **Wed. 3rd Noon**—
Ladies Luncheon
with Bingo for
maintenance of
the Grange
- ♦ **Wed. 10th 10 am**
Business meeting
- ♦ **Wed 24th Noon**—
Senior Luncheon
with Bingo

Mark your calendars for the 1st, 2nd, and 4th Wednesdays of each month to join us at the Grange!

Hope to everybody at one of these!

July is when we celebrate the “land of the free, home of the brave.” Too many families are struggling with the “land of the homeless, home of the hungry.”

Economic disasters can strike ANYONE. Think of your neighbors when shopping and pick up an extra can or two.

**Donate to the
Food Pantry
barrel in the
Post Office.**



Why an email subscription?

Email allows you to keep friends and family that have left the valley for school, jobs, whatever reason to keep up with the events that affect this community.

Send their name and email address to:

jwickham52@gmail.com

and an electronic copy will be sent to them each month.

Thank You For Your Support

We received a donation from

Anonymous

this month.

Remember our Flame is published using donations only. They may be mailed to:

Vonnie Wallace
1200 Westside Road
Camas Valley, OR 97416

Please make checks payable to
Camas Valley Rural Fire District
and designate them for
THE FLAME.

THE FLAME

The Flame is a monthly publication of the Camas Valley Rural Fire District Auxiliary. The mission of this newsletter is to keep the residents of Camas Valley informed about the events and activities of the fire department, churches, school and civic organizations that are in Camas Valley.

The Flame is provided free to all residents of Camas Valley by mail and anywhere by email.

To submit articles:
Items must be in by the **25th** of
the month before the issue
publish date.

Submit to:

Jan Baker at **541-680-5616**
Judith Wickham at **541-733-6940**
jwickham52@gmail.com or
150 Buck Springs Rd. Camas Valley

SUNSCREEN-SUNBLOCK- UPF-UVA-UVB-SPF-UVR WHAT IS IT ALL ABOUT???

Kenneth A. Arndt, MD, clinical professor of Dermatology at Harvard Medical School, Boston, wrote in the current "Bottom Line Personal" that sunscreen and sunblock are not the same.

SUNBLOCK is opaque and blocks almost all of the sun's UVA and UVB rays. It consists largely of zinc oxide and titanium dioxide. Sunblock does not have to be reapplied every few hours.

SUNCREENS are less visible on the skin and are designed to protect against UVA, UVB, or both. They do allow some radiation through and need to be reapplied every few hours because their ingredients break down after exposure to sunlight. If you use sunscreen, it is better to use one that has a high SPF, put on a lot, and reapply every two to three hours.

The term "sunblock" has been misleading and will soon be done away with.

The question of chemical versus physical block is important. Chemical sunscreens are often unstable after exposure to UV light and degrade over time. Some of the better spectrum coverage ingredients include Avobenzone (Parson 1789) and mexoryl/helioplex/ecamsule. The better physical blocks are zinc oxide and titanium dioxide with zinc being superior in broad spectrum protection

I recommend that you look for a sunscreen that protects you from UVA and UVB radiation. UVA rays are longer wavelengths that penetrate more deeply into the skin and contribute to the development of skin cancer (and wrinkles), whereas UVB rays are shorter, cause burning of the skin, and also lead to skin cancer. Either a physical or chemical sunscreen can be used, the former being best for those with sensitive skin. My Dermatologist in Roseburg recommends products that have SPF 30 or higher.

Ultraviolet protection factor or UPF is a sun protectiveness of clothing that can be evaluated and rated with a measuring system. UPF is a similar concept to SPF; however UPF rates both UVA and UVB protection, whereas SPF only rates UVB protection. In 1996, the term UPF was devised in Australia as a measure of how much UV penetrates a fabric. UPF is determined by using a UV transmittance analyzer to gauge the spectral transmission of UVB and UVA through a fabric. If a fabric is rated UPF 30, then it is absorbing or blocking 29 out of 30 units of UVR, or 97 percent of UVR. This is the same level of protection provided by an SPF 30 sunscreen that is used properly. To achieve a UPF, a fabric must undergo 40 simulated launderings, be exposed to the equivalent of 2 years of light exposure and be tested with chlorinated water if it is intended for swimsuits.

The best way to keep your skin young is to avoid excessive sun damage, and establish the habit of wearing sun protection. The days of baby oil and iodine are over. So for a review: wear sun protection, wear protective clothes, wear a hat, wear sunglasses, stay out of the sun as much as possible, and go have fun this summer!



Camas Valley Business Directory

The directory will be printed when space allows throughout the year. We encourage our readers to patronize local businesses and support your neighbors!

Type of
Business

Name of
Business

Owner/
Contact person

Phone
Number(s)

Days open

Hours open

Mail form to: Judith Wickham
150 Buck Springs Rd.
Camas Valley, OR 97416

Or email information to :

jwickham52@gmail.com

Use Fireworks Safely!

The DFPA reminds all residents to think fire safety when celebrating with fireworks over the July 4th holiday.

- ⇒ The use of fireworks is strongly discouraged on forest, brush and grazing lands in the DFPA's protection district.
- ⇒ Make sure that any fireworks you use are the legal type that can be purchased from authorized dealers in Oregon. Devices that fly or explode are illegal under Oregon law.
- ⇒ Even legal fireworks can ignite a fire, so it is highly recommend to only use fireworks in safe display areas such as cement driveways and patios or green, wet, short-cut lawns. Keep a safe distance from dry grass and buildings.
- ⇒ Dampen the display area with a garden hose before igniting any fireworks and keep the hose or another water supply close by throughout the display.
- ⇒ Children should have close adult supervision while using fireworks.
- ⇒ Do not throw lit fireworks into the air. They may land where they can start a fire or cause serious injury. Never attempt to pick up or re-ignite duds.
- ⇒ Place discarded matches, used fireworks and duds in a metal container filled with water.

Wet down and clean up the display area after using fireworks.

For additional forest closure and fire danger information visit the Douglas Forest Protective Association's website at www.dfpa.net or call the 24-hour closure information line at (541) 672-0379.



**Camas Valley School
Honor Roll
4th Quarter/2nd Semester**

12th Grade

3.50-3.99 Michael Williams
3.0-3.49 Ciara Colvin, Caleb Melson, Cody Wood

11th Grade

4.0 Weston Tilton
3.50-3.99 Kattey Hall, Caleb Lindsey,
Matt Thompson
3.0-3.49 Ryan Gallagher, Josh Mattox

10th Grade

4.0 Kaitlyn Beans, Ciara Colvin, Nicole Lewis
3.50-3.99 Kai Wolfe
3.0-3.49 Justine Bringhurst, Keeghan Lally,
Whitney Lindsey, A.J. Mickelson,
Staci Terrell, Kayla Tilton

9th Grade

3.50-3.99 Darren Bringhurst

8th Grade

3.50-3.99 Nickayla Schiro, Jazmin Wilberg
3.00-3.49 Lane Frost, Jacob Gallagher, Dixie Hall,
Jacob Mickelson

7th Grade

3.50-3.99 Shasta Whitecotton, Devin Ewing
3.00-3.49 Jessie Ashton, Harlee Baker,
Morgan Carter

With Growth Comes Change

By Patrick Lee

Camas Valley Community Charter School Superintendent

If you didn't notice, our school building looked just a bit more crowded over the past year. Enrollment has gone up substantially, from 142 students in 2009-10 to 165 students last year. Many of these new students are out-of-district students taking advantage of our charter which allows outside students to join our school district. Advertising and good word of mouth have helped us grow our numbers as families seek to take advantage of our small class sizes.

With the increase in students we added more teaching staff to serve them. Last year we added a half-time teacher when we decided to split the combined kindergarten and 1st grade class due to high numbers. This year we are making the first grade teacher full-time and adding a middle school teacher who will primarily serve our 7th grade class.



Prior to 2002, our school had a fairly distinct middle school program with its own teachers separate from the high school teachers. Due to dropping numbers, in 2002 the middle school students were taught by the high school teachers and the middle school model was gone. Since then our students have been in self-contained elementary classes and then immediately transitioned to a sec-

ondary model in the 6th or 7th grade. This transition was always very hard on the younger students.

Now that our numbers are growing again we are trying to move back to a middle school model to give our 6-8th grade kids their own unique identity and teachers. We don't have enough students or staff to completely convert back yet but we are moving in that direction. Starting this coming school year the 6th and 7th grade classes will move out to the West annex for their core curriculum classes of Math, Science, Language Arts, and Social Studies. They will be on their own schedule with our two middle school teachers. 6th grade students will remain mostly self-contained while 7th grade students will have 3 periods of the day when they will move around to other classes and teachers like a secondary student.

I believe this step will help better transition them into the secondary model. My hope is that with continued growth we will be able to hire one more staff member in the near future to create a distinct middle school environment for all 6th-8th graders. Growth is a positive thing for our school and with it will come some exciting changes and challenges in the future.

Below is the newly adopted athletic eligibility policy for Camas Valley School athletics, adopted May 30th.



Athletic Eligibility Process

Starting the fourth week of each Semester grades will be checked on all students weekly.

Students who have below a grade point average of 2.0 in their classes will be on probation for one week. They must attend study table daily in order to participate in any athletic activity for that week. After the week of probation if the student is unable to get their grades at or above a 2.0 GPA they will be ineligible until their grades meet that standard.

Students who have a grade of "F" in any of their classes will be ineligible for one week from participation in any athletic activity. They will be required to attend study table. Failure to attend study table or to get their grades at or above a 2.0 GPA the student will remain ineligible.

Coaches can pick up copies of the eligibility list in the office. Because the information contains confidential student records the information can only be shared with the student, parent(s), and/or school staff. Sharing confidential student records outside of the above list is a clear violation of School Board Policy.

I have read and understand the Camas Valley Charter School's Athletic Eligibility Process.

Student's Signature

Date

Parent's Signature

Date

Coach's Signature

Date

Job Opportunities

Camas Valley School has several part-time Title 1 classroom aide positions available for the upcoming school year. The qualified candidate must be deemed Highly Qualified per federal government requirements. To be deemed Highly Qualified, a candidate must have successfully completed two full years of college or passed a Compass test in the areas of reading, writing, and math. The qualified candidate will also need to pass a background check per state requirements.

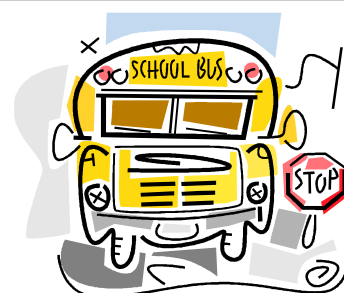
Job details will include assisting teachers in the classroom during math and reading instruction time, helping with student supervision at breaks, and other duties as assigned related to meeting our Title 1 goals.



Please contact the school at **541-445-2131** for further details or stop in for an application.



Camas Valley School District is looking for a qualified individual to teach elective classes that will enrich the education of our students. This position would be part time and the qualified applicant would need to meet all school and government criteria for being a registered teacher. The school will consider any number of elective areas, with music or art being highly desirable. If you are interested, please contact the school office at **445-2131**.



SCHOOL BUS DRIVERS NEEDED!!!!

Contact the school at
541-445-2131.



Mike Cay is back whipping up enthusiasm at the Camas Valley United Methodist fellowship hall for **Community Soup Suppers** this summer. The days have changed to Thursdays but the time (**6-7:30**), place (**CVUM fellowship hall**) and intent (**community potluck/soup supper**) is the same. Meals begin every Thursday in July. Fresh vegetables from the **Community Garden** will be a great addition to the menus.

These meals are **free to all** and **all are welcome**. For information or if you wish to donate or help —call Mike at **1-541-207-7282**.



Camas Valley Business Directory

Alpacas, stock/fiber/ merchandise

Turkey Gulch Alpacas
LaVon Newman
Sun.-Sat., 10-5
541-445-0804

Art, private painting lessons

Lang Creek Studio
Kay Ganieany
Mon.-Thurs., by appt.
541-445-2867

Beauty shop

Scissor Trix
Jennie Plikat
By appt.
541-733-1919

Christmas trees, U-cut and wholesale

Calico Christmas Trees
Wayman Schmidt, owner
Nov. & Dec.
7 days/wk 9-4:30
Contact: Shari White
**541-445-2350/
541-670-0458**

Construction, building

AMSI
Bill Lindsey
Mon.-Sat., 8-7
541-643-0366

Engineering consulting design/ drafting

TV Design, LLC
Troy I. Vanderhoof, P.E.
M-F, 9:00-17:00
541-643-0138

Garbage hauling/yard help

Helper Hands
Jacob Hunt
Open to calls
541-643-5454

Garbage hauling/yard help (continued)

Lanakila Peck
Open to calls
541-643-2313

Horse, boarding/consulting/ training

**Blue & Gold Stock
Farm**
Marge Vilas
Every day, 10-5
541-430-4225

Housekeeping

Maid in the Shade
Lisa Muller
541-430-1974

Jewelry, decorative/therapeutic

Mommy & Me Jewele
Janna Vanderhoof
M-F, 9:00-17:00 or by
appt.
541-643-1934

Locksmith, keys and locks

Camas Valley Key Shop
Bruce Jehning
7days/wk
24 hr. emergency service
541-445-2014

Machine quilting

Sew Fun
Linda Underhill
Call for appt.
541-580-2814

Portable sawmill service

**Backwoods Custom
Milling**
Harvey Saul
541-671-1993
541-445-2888

Real Estate, broker

**Prudential Real Estate
Professionals**
J.T. Berk
24/7
541-430-6078

Rental, carriage

Day's Carriage Service
George & Jeanette Day
541-445-0800

Sewer/underground utilities/ roads/pads

**Scott Standley
Construction**
Scott & Darla Standley
Mon.-Sat., 8-5
541-445-2245

Shoe repair /leatherwork

Art's Shoe Repair
Joe Ferrara
T-F 9-5:30, Sat. 9-5.
541-673-8541

Storage, rental

BK Mini Storage
Ketti & Bill Walker
7 days/wk., daylight-dark
541-445-2902

Like to see
your business
included in
The Camas Valley
Business Directory?
We'd like to have
you join us!

Form on pg. 4

July 2, 1776 - The Continental Congress in Philadelphia adopted the following resolution, originally introduced on June 7, by Richard Henry Lee of Virginia: "Resolved, That these United Colonies are, and of right ought to be, free and independent States, that they are absolved from all allegiance to the British Crown, and that all political connection between them and the State of Great Britain is, and ought to be, totally dissolved. That it is expedient forthwith to take the most effectual measures for forming foreign Alliances. That a plan of confederation be prepared and transmitted to the respective Colonies for their consideration and approbation."

July 2, 1788 - Congress announced the United States Constitution had been ratified by the required nine states and that a committee had been appointed to make preparations for the new American government.

From <http://www.historyplace.com/specials/calendar/july.htm>

For Your Information

Landowners United requested space in The Flame to provide a series of articles on the proposed LNG pipeline. We hope that these articles may not only provide some insight into the process, but generate discussion within the valley regarding this issue. The opinions stated are of **Landowners United**, which is solely responsible for any information provided within this article or following articles.

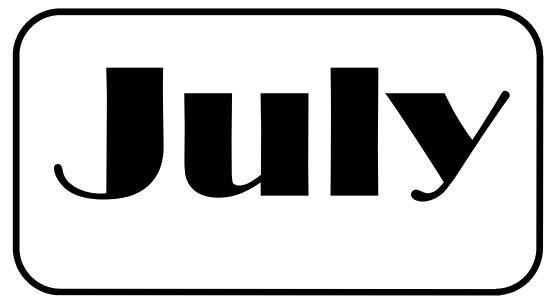
Williams Pipeline has submitted their formal application to the Federal Energy Regulatory Commission (FERC) to construct a gas pipeline to Coos Bay crossing Camas Valley and Wildcat Ridge. They are aggressively approaching landowners along the route to purchase an option for an easement for the pipeline. This is all occurring much before the pipeline company has any permit approvals. There is still a long period of wrangling, disputes and lawsuits before any land owners must do business. This could be years. Even if you are in favor of selling, the time to do it is after these lawsuits are settled. If you sign an option now you will get 20% upfront but the price is locked in and will NOT be adjusted later. Do not sign anything now regardless of whether or not you want the pipeline; it is way too early.

If you want to see the proposed pipeline route maps are available at the

library in Winston and Roseburg. There are both hard copies and CD's you can download into a laptop computer. When originally proposed the pipeline was going to be in place and transporting gas in 2013 but to date they have not received one single permit. Although there is a lot of razzle-dazzle and pressure it might be a long time before they get their final go ahead. Do not sign anything until they do.

Landowners United raised over \$2000 at our Bluegrass Dance Party at Zen Mongolian Grill. Thanks to the people from Camas Valley who came out and the numerous businesses that were very generous. Part of this money will be used in appeals and lawsuits filed over the Coos County Planning Commission's approval of siting permits for the Export Terminal and Power Plant. It might be a long time.

You have to love a nation that celebrates its independence every July 4, not with a parade of guns, tanks, and soldiers who file by the White House in a show of strength and muscle, but with family picnics where kids throw Frisbees, the potato salad gets iffy, and the flies die from happiness. You may think you have overeaten, but it is patriotism.
 -- Erma Bombeck



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	1	2	3 Grange Ladies Lunch Noon w/ Bingo Fire Dept. Training7pm	4 Community Soup Supper Independ- ence Day 	5	6
7	8 Fire Dept. Bd. Mtg. 6	9	10 Grange Bus. Mtg. 10 am @Grange Fire Dept. Training7pm	11 Community Soup Supper Transfer site	12 Tenmile Area -wide Yard sale and	13 Tenmile FD open house and bake sale
14	15	16	17 Fire Dept. Training7pm	18 Community Soup Supper Transfer site	19 CV Fun Days	20 All Weekend!
21 CV Fun Days	22	23	24 Grange Senior Lunch 12 w/ Bingo Fire Dept. Training7pm	25 Community Soup Supper Transfer site	26	27
28	29	30	31 Fire Dept. Training7pm			

Camas Valley Churches

Camas Valley Missionary Church	Camas Valley Christian Fellowship	Camas Valley United Methodist
<u>Sunday</u>	<u>Sunday</u>	<u>Sunday</u>
Sunday School 9:30 am	Men's Prayer 7:30 am	Morning Worship 9 am
Morning Worship 10:45am	Morning Worship & Sunday School 10:00 am	& Children's Sunday School
<u>Wednesday</u>	<u>Tuesday</u>	Fellowship 10 am
Bible Study 10:00 am	7 pm C.E.L.L. Group in Camas Valley. Hosted by Rob & Joanna Ramlow. Led by Andy (541-733-9561) and Shelly (541-733-9562) Standley.	w/ beverages and snacks
	<u>Wednesday</u>	<u>Tuesday</u>
	Relentless 6:30 pm	Bible Study 2 pm
	7 pm C.E.L.L. Group in Camas Valley. Hosted by Eli & Kirsten Wolfe. Led by Tim (541-430-4771) and Tresta (541-4450-2811) Payne.	
	<u>Thursday</u>	
	6:30 pm C.E.L.L. Group in Tenmile. Hosted by Conrad & Joanne Lakey. Led by Don (541-817-7551) and Terry (541-817-7550) Ledbetter.	
	6:30 pm C.E.L.L. Group in Camas Valley. Hosted and led by Bob & Shelly Powell (541-733-9562).	
	<u>Friday</u>	
	7 pm C.E.L.L. Group in Camas Valley. Hosted by Ron & Ronda Rust. Led by Steve (503-545-7878) and Dianne (541-505-4684) Lounsbury.	

Camas Valley Volunteer Fire Department
PO Box 220
Camas Valley, OR 97416

Non Profit Organization
US Postage Paid
Permit No. 2442
Tenmile, OR 97481
Standard Mail A

CAMAS VALLEY PO BOXHOLDER
CAMAS VALLEY, OR 97416