



THE FLAME



Volume XIX Issue V

"Put out" by the Camas Valley Fire Department Auxiliary

June 2019

The weather has been a bit confusing—I would have sworn it was summer for 3 weeks a bit earlier. And the ranchers that managed to bale hay the first half of May would attest to it. Now we are back to the spring weather we like to gripe about—cool and rainy. For how long? The vegetation got an early summer kick in the roots—have you noticed how dry the grass in the driveway became? It may be greening up with this fresh shot of cool wet weather, but it will just add to the mass of dry matter that rustles under the muffler as your go up the drive.



Please remember to mow that down so the rural mail carriers can safely deliver your mail and packages. If they start a fire, they are held responsible even if it was YOU who didn't mow it! If you don't receive your mail, it was because your carrier had to make a judgement call, as they have a right to do.

Take a swing down the drive while tooling around on the riding lawnmower.



Retired SMART site coordinators **Juanita Saul** and **Betty Wittrock** want to thank the Camas Valley School administration and staff for all the years of support given to the SMART program. They also want to thank all the readers who have shared their love of reading with students over the years. It was this overwhelming show of community support that made our tenure as coordinators so successful. Thank you all!



Another Rummage Sale has come and gone. Closets are roomier, storage areas have room for more items, and **Camas Valley United Methodist** is ready for another year of supporting our community in times of need as well as times of celebration.

Thank you for the bountiful donations and for taking advantage of some wonderful deals. Thanks to all who helped set up and clean up! This is only possible through the generosity and hard work of the residents of Camas Valley. And if you didn't find it this year, try again next!

Rummage
SALE

We appreciate your support!

We received donations from

Kim & Garron Carter
Camas Valley Booster Club
Gayle & Osima Bowser

this month.

The Flame is published using donations only. They may be mailed to:

Vonnie Wallace
1200 Westside Road
Camas Valley, OR 97416

Please make checks payable to
Camas Valley Rural Fire District
and designate them for
THE FLAME.

THE FLAME

The Flame is a monthly publication of the Camas Valley Rural Fire District Auxiliary. The mission of this newsletter is to keep the residents of Camas Valley informed about the events and activities of the fire department, churches, school and civic organizations that are in Camas Valley.

The Flame is provided free to all residents of Camas Valley by mail and anywhere by email.

To submit articles:

Items must be in by the **25th** of the month **prior** the issue publish date.

Submit to:

Jan Baker at **541-680-5616**
Judith Wickham at **541-733-6940**
jwickham52@gmail.com or
150 Buck Springs Rd. Camas Valley

Summer weather beckons and we have so many chores to catch up on before it gets too hot and fire season shuts us down. Save some time and get refueled at the Grange!

- ♦ Community lunch, **Tues. June 4th** at noon. Bingo afterwards.
- ♦ Business mtg., **Tues. June 11th** at 10 am. To plan future meals.
- ♦ Senior Lunch, **Tues. June 25th** at noon. Proceeds from Bingo support the Scholarship Fund.

Remember, these \$7 lunches help fund maintenance of the building. Join us!

We are grateful the Douglas Co. UCAN is expanding into Camas Valley on Mondays 1-3 at the Fellowship Church parking lot. There is plenty of need and dependable transportation is not always available. But W-D Food Pantry is still operating, depending on those donations to the PO food barrel. Many area families depend on this assistance to get through the month. Remember to pick up some extra non-perishables next time you are at the store and **FEED THE BARREL!** A check is very helpful, too!

W-D Food Pantry
c/o Betty Wittrock
PO Box 213
Camas Valley, OR 97416



Email Flame issues are handy!

Email allows you to keep friends and family that have left the valley to keep up with the events that affect this community. **Or maybe you would just like to get the Flame (in color!) early, by the 26th.**

Send name and email address to:

jwickham52@gmail.com

and an electronic copy will be sent to them each month, **free**.

Emergency Preparedness for May

In an emergency, water and sewer lines may be disrupted, and you may need to improvise emergency sanitation facilities. One option is the **Twin Bucket Emergency Toilet**. You will need 2 five-gallon buckets with lids that close tightly. Line the poo bucket with a heavy duty plastic garbage bag. Have a toilet seat that can fit on a bucket for comfort, not essential but definitely makes the process more comfortable. Cover each addition with carbon material. Examples of carbon material to cover poo:

- Finely shredded paper
- Sawdust
- Wood chips
- Dried leaves
- Peat moss
- Forest litter

Try not to mix pee and poo. Pee can be diluted and spread on lawns or gardens. Other sanitation supplies:

- Toilet paper
- Disposable gloves
- Hand sanitizer and soap
- Towels or wipes

But one of the advantages of rural living is you can always dig a slit trench and hang the TP on a branch!

Once the immediate threat of harm has passed, having your important documents and household records in order will be very important to the recovery process. The Emergency Financial First Aid Kit (EFFAK), created by the nonprofit organization HOPE Coalition of America in partnership with the Federal Emergency Management Agency (FEMA), can help you develop a centralized record of essential household and financial information.

Step 1: Compile

Ensure your insurance policies are adequate and that your financial paperwork is up to date. These include, but are not limited to:

- ♦ Photocopies of identification documents (driver's license, birth certificates, marriage license, etc.)
- ♦ Mortgage documents or lease/rental agreements
- ♦ Account statements (banks, credit cards, investments, loans)
- ♦ Vehicle registration/ownership papers
- ♦ Insurance policies
 - ♦ Tax returns
 - ♦ Photographs or video of home and valuable belongings

Step 2: Review

Revisit and update regularly, such as during tax preparation time, around your birthday, or at the start of a new year.

Step 3: Safeguard

Store paper and electronic copies of all files in a safe location such as fire/waterproof safe, bank safe deposit box, with a trusted friend or relative, secure off-site storage service, or with a lawyer or financial advisor. For electronic files, be sure to use a password-protected format.

Step 4: Update

Having your important documents in order will help you re-establish your financial accounts, maintain payments and credit, and apply for FEMA disaster assistance, if eligible.

Find more information and download the EFFAK at **ready.gov/financial-preparedness**.



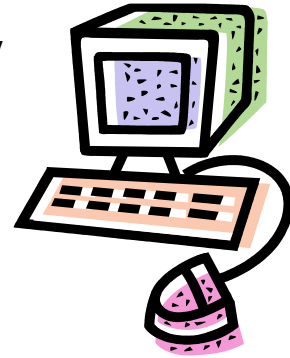
The Internet has become an important resource for many things: from building to gardening, baking to barbequing, to even looking up our ailments and cures. There are endless sites with information to satisfy our search. It is important, however, to use critical skills when searching a wealth of information pertaining to our health. In order to avoid gathering outdated material or that of questionable quality, we need to recognize what is trustworthy with the best practice available. With this in mind, the Health on the Net (HON) Foundation has developed a code of ethics useful in evaluating the quality and accuracy of a website of this nature.

This set of criteria is often displayed on the home page in the "About us" section on the site:

Author(s) – It is important to find out who the author(s) are, and should be clearly identified. They should be qualified to give information on the topic, so look for their credentials or expertise on the subject. If it is a health organization, they should be reputable. Good sources are often placed in URL sites ending in .gov, .org, or .edu. The purpose of the website should be clear, i.e. is it most focused on sharing information or selling product? It should offer contact to the author(s), to include an email address, geographical location, and phone number.

Financial Support – Where is the funding from for the website? Is it funded by a government organization, health professionals, or private company? We are looking for whether or not the

funding is from a party that remains neutral and objective. We should also pay attention to the advertising on the website. Ideally, the advertising should be separated from the text and not related to the content discussed.



Quality of Content – The website should clearly identify the origin of its information. Its sources should be listed, and there should be a link to review them. How was the information selected? It should have been reviewed by experts in the field like an editorial board before being added to the website. Also, check the frequency of updates on the site. A website should be regularly reviewed and updated, and the last date should be clearly displayed.



Privacy – Be cautious with websites that ask for your personal information, even if it is to view the content. Some websites may ask that you sign up. There should be a privacy policy that explains how your information will be used. It may be to receive one of their newsletters or promotional material. Make sure you feel comfortable giving the requested information.

With a little bit of knowledge on how to recognize things to look for in a website, we can find good sources for health information. It is important to seek a health professional regarding this information to better guide you in your own decisions when it comes to your healthcare, however. They will more than likely have a better understanding and further knowledge on the subject than you have gained in your research.



Opportunities to serve

The Camas Valley School District has a vacancy on the **Board of Directors**. Applicants for the position must be qualified voters of the District and have been residents within the District for one year immediately preceding the appointment. No person who is an employee of the District is eligible to serve as a district board member while employed.

To apply for the position, contact the district office at **445-2131**, write to **Board Vacancy, Camas Valley School District, PO Box 57, Camas Valley, OR**, or visit us during working hours.



School Bus Driver Wanted



Camas Valley School has an opening for a **bus driver**. Applicants must have a valid CDL license. An S Endorsement is preferred. Applicants must be able to pass a criminal record check. Camas Valley is an equal opportunity employer. Position is open until filled.

For more information please call
541-445-2131.

Preschool Roundup

If your child is turning 4 years old by September 3rd, come visit us on June 6th from 5:00p.m. to 6:00p.m. at Camas Valley Charter School for a Preschool Open House. Enjoy cookies and punch while getting to know the teacher Mrs. Amy.





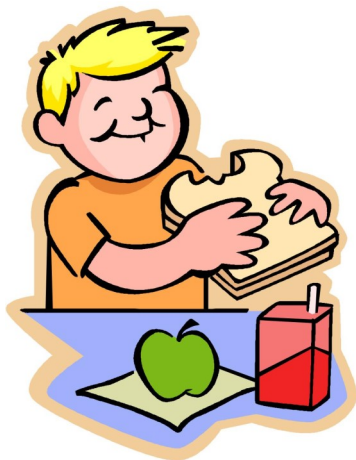
Everyone agrees that the SMART reading program helps students learn the love of reading. Students enjoy the one-on-one time with an adult having fun with books. Readers become important mentors in these students' lives.

The problem? Our program will be losing some readers next year

and we need replacements. Vonnie Wallace and Judith Wickham will be the new site coordinators and are looking at different options for the program.

Do you enjoy reading? Like kids? We don't teach reading, we show how fun it is to read. Have a friend who would share the reading time so you can split the responsibility of spending an hour once a week October thru mid-May? We all have busy lives and understand the need for back-ups. Would you be willing to serve as a substitute?

We are open to new ideas. If you have questions or ideas, please call either **Vonnie at 541-445-2355 or Judith at 541-733-6940.**



Each Summer, free healthy meals are available to all Children and Teens 1-18 years old. To find the nearest Summer Meal Site, visit

SummerFoodOregon.org,
call 2-1-1,
or text "food" to 877-877.

Camas Valley School would like to invite all Children and Teens 1-18 years old, to have Breakfast and Lunch for **free** from **July 8th-11th 2019 and July 15th - 18th 2019.**

Breakfast will be served from **7.30am to 8.30am** and Lunch will be served from **11.30am to 1.00pm.**

Searching for the perfect photo

I am looking for a picture from the Feb 2019 snow storm. We need it for our

CAMAS VALLEY PYROS BIRTHDAY CALENDAR.

So check out your phones/ cameras for the picture that captures the whole experience.

I would really like everyone to participate in the calendar fundraiser this year. It is only **\$5.00** per calendar with \$.50 cents for each birthday and anniversary. That it not much but when we all participate it helps a lot with our fireworks show that we all enjoy.

Please contact me at **541-643-6317** by **June 15.** Thanks in advance for helping with this fundraiser.

Mary Helen Banks





Back in 1988 the Camas Valley transfer site had no fees and was open 6 days a week. Doesn't sound like much of a business opportunity unless you are **Scott and Darla Standley**. This was the year they franchised the area and started **The Garbologist** which ran for 7 years.

Fast forward to 2016. County budgets tighten and transfer sites are squeezed for funding/fees/hours/ even existence. In November Scott and Darla jumped into waste management once again, as **Camas Valley Disposal** with the goal of helping people with all their trash needs.

There has been discussion at the Public Works Department to close Camas Valley Transfer Station in the near future. We do not have a large enough population to generate enough fees to make it economically viable. People will still be able to haul their own trash to the Roseburg Landfill, but many in the valley do not have the time, vehicle, or ability to do so.

Camas Valley Disposal can help do the job, providing weekly pick up service. Scott and Darla want to be known for great customer service and dependability at a reasonable price. They may be found in the **Business Directory** or at **541-445-2245**.



Camas Valley Business Directory

To have your business included in the **Flame**, please fill out the form below and mail or email it to the address listed. *If you missed the opportunity to get your business listed, now is the time to get your information out before our readers!*

The directory will be printed when space allows through-out the year. We encourage our readers to patronize local businesses and support your neighbors!

Type of Business _____

Name of Business _____

Owner/
Contact person _____

Phone
Number(s) _____

Days open _____

Hours open _____

Mail form to: Judith Wickham
150 Buck Springs Rd.
Camas Valley, OR 97416

Or email information to : jwickham52@gmail.com

Do you have a new business in the valley? Have you expanded your business services? Is there information about your business that you need to get out to valley residents? While **THE FLAME** is a non-profit publication and cannot advertise, we can inform our readers about what services you offer, changes in your business, etc. Send your business information to:

Judith Wickham at **541-733-6940**
jwickham52@gmail.com or
150 Buck Springs Rd. Camas Valley.

Be sure to include contact information so I may get back to you for clarification.

Camas Valley Business Directory



Alpacas, stock/fiber/ merchandise

**Turkey Gulch
Alpacas**
LaVon Newman
Sun.-Sat., 10-5
541-445-0804

Animal Caretaker

**Animal Caretaker
For Hire**
livestock and domestic
animals
Elissa Eckman
541-662-1326
to discuss what is
needed

Art, private painting lessons

Lang Crk Studio
Kay Ganieany
Mon.-Thurs.,
by appt.
541-445-2001

Autobody repair/paint

**Green Collision
Repair/Horizon
Autobody**
Marvin & Rennae
DeVoogd
M-F, 8-5
541-679-6100

Beauty, health and gift

**Lord and Lady
Lavender**
Jerry Ashford
Online 24/7

lordandladylavender.com
Anytime
408-857-8782

Beauty products

Avon
Mary Helen Banks
www.youravon.com/
mhelenbanks
541-643-6317

Beauty shop

Scissor Trix
Jennie Plikat
By appt.
541-733-1919
**Or in Green at
4886 Grange Rd.
541-236-7086**

Christmas trees, U-cut / wholesale

**Calico Christmas
Trees**
Shari White
Nov. & Dec.
7 days/wk 9-4:30
**541-445-2350/
541-670-0458**

Construction, building

AMSI
Bill Lindsey
Mon.-Sat., 8-7
541-643-0366

Dump truck/rock haul

**Kevin Wilson
Trucking**
Kevin & Michelle
Wilson
**541-670-6589
541-430-9851**

Dump runs/yard help

Lanakila Peck
Open to calls
541-643-2313

Electrical Contractor

Alan Sabin Electric
Alan Sabin
Generac generator
Sales/maintenance/
Installation/repair
M-S 7am-6pm
**541-440-3792
541-445-2070**

Eng. consulting design/ drafting

TV Design, LLC
Troy I. Vanderhoof,
P.E.
M-F, 9:00-17:00
541-643-0138

Garbage Disposal

**Camas Valley
Disposal**
Scott & Darla
Standley
Wkly. Wed. pick-up
541-445-2245

Health and wellness

**Plexus worldwide
Supplements**
Charman Shields
541-430-3600
www.plexusslim.com/
charmanshields

Honey bees, hive removal, classes on honey bees

Phill the Bee Guy
Phill Moulton
phillthebeeguy@gmail.com
503-349-8463

Horses

Boarding/consult/train

**Blue & Gold
Stock Farm**
Every day, 10-5
541-430-4225

Housekeeping

Maid in the Shade
Lisa Muller
541-430-1974

Jewelry, decorative/ therapeutic

**Mommy & Me
Jewelre**
Janna Vanderhoof
M-F, 9-5 or appt.
541-643-1934

Locksmith, keys /locks

**Camas Valley Key
Shop**
Bruce Jehning
7days/wk
24 hr. emerg.
541-445-2014

Machine quilting

Sew Fun
Linda Underhill
Call for appt.
541-580-2814

Music

Parker Piano
Piano lessons for all
ages
LeAnn Parker,
instructor
541-671-3238

Notary/Post Office

CV Post Office
Vickie Farmer
M-F 8-3 Sat 10-2
**541-445-2177
541-643-5059**

Portable sawmill service

**Backwoods
Custom Milling**
Harvey Saul
541-671-1993

Real Estate, broker

**Berkshire Hatha-
way Homeservices
Real Estate
Professionals**
J.T. Berk
541-430-6078

Restaurant/Bakery

**Bravo Bakery &
Café**
Troy Payne
Tues.-Sun. 7:30-8
541-445-2306

Rental, Storage,

BK Mini Storage
Ketti & Bill Walker
7 days/wk.,
daylight-dark
541-445-2902

Sewer/underground utilities/roads/pads

**Scott Standley
Const.**
Scott & Darla
Standley
Mon.-Sat., 8-5
541-445-2245

Shetland Sheep/ English Angora Rabbits stock/ fiber

**Camas Valley
Fiber Farm**
By appt. only
541-733-6343

Shoe repair /leatherwork

Art's Shoe Repair
Joe Ferrara
T-F 9-5:30,
Sat. 9-5.
541-673-8541

Small engine repair

Hunt's Chainsaw
Theran Hunt
Mon.-Fri.
541-430-7283

June

**It is better to be a young
June bug than an old bird of
paradise.**

Mark Twain

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

						1
2	3 Mobile Food Cart 1-3 Fellowship Church lot	4 Community Lunch Noon Grange Bingo Fire Dept. Training 7pm	5 Booster Club @Bravo 6 pm MS track District Meet @ Glide	6	7 No School Senior Graduation 	8
9	10 Mobile Food Cart 1-3 Fellowship Church lot 8th Promotion Fire Dept. Bd. Mtg. 4	11 Grange Bus. Mtg. 10 Fire Dept. Training 7pm	12 Last Day for Students!	13 B'day dinner 5:30@ Bravo School Bd. Mtg. 7 pm	14 Flag day 	15
16 Father's Day 	17 Mobile Food Cart 1-3 Fellowship Church lot	18 Fire Dept. Training 7pm	19	20	21 	22
23	24 Mobile Food Cart 1-3 Fellowship Church lot	25 Senior Lunch Noon Grange Bingo Fire Dept. Training 7pm	26	27	28	29
30						

Camas Valley Churches

Camas Valley Missionary Church	Camas Valley Christian Fellowship	Camas Valley United Methodist
<u>Sunday</u> Coffee Fellowship 10:00 am Morning Worship 10:45 am Youth Church 11:00 am <u>Wednesday</u> Bible Study 10:00 am	<u>Sunday</u> Morning Worship 10:00 am & Sunday School <u>Monday</u> Intercessory Prayer 9:00 am Youth Group 6:30 pm	<u>Sunday</u> Morning Worship 9:00 am & Children's Sunday School Fellowship 10:00 am w/ beverages and snacks

Camas Valley Volunteer Fire Department
PO Box 220
Camas Valley, OR 97416

Non Profit Organization
US Postage Paid
Permit No. 2442
Tenmile, OR 97481
Standard Mail A

CAMAS VALLEY PO BOXHOLDER
CAMAS VALLEY, OR 97416