



THE FLAME



Volume XV Issue III

"Put out" by the Camas Valley Fire Department Auxiliary

April 2015

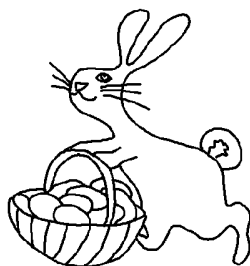
*Remember to
bring
the BIG basket!*

The Easter Bunny is almost here! This Saturday, April 4th, is the big **Easter Egg Hunt** at the Camas Valley Football field put on by the **Camas Valley and Tenmile Volunteer Fire Departments**. From crawling through 6th grade will scoop up colorful eggs and trade them in for prizes, so bring the BIG basket to hold all those eggs! Gates open at **10 am** and the hunt starts at **10:30 am**.

Have you baked a goodie for the **Cake Walk**? If you have questions about donating something for the cake walk, call **Teresa** at **541-637-7151**.

It is not too late to add to the donation cans located around town, either. Give **Vonnie** a call at **541-445-2355** if you have any questions.

Thanks to everyone who works to make this community tradition so much fun! How many generations of your family have participated in the Egg Hunt?



mac.crimbyout.com

Camas Valley home gutted by fire

By now you have probably heard all about the house fire on Baldwin Rd. While the residents escaped without life threatening injuries, they did lose everything. The **Camas Valley United Methodist Church** is collecting household items and clothing for Rosl. For a list of needed items call **Betty** at **541-445-2855**.

Spring cleaning is an excellent time to check on the fire safety of our homes. A few basic rules to remember:

- ♦ Keep flammables away from heat sources
- ♦ Don't overload electrical outlets, mind the condition of electrical cords, and do not place cords where they can become damaged.
- ♦ Install smoke detectors and replace batteries annually (New Years is nice).
- ♦ Test windows—do they open easily and can you get through them?
- ♦ Choose a safe meeting place outside the house and be sure everyone knows about it.
- ♦ Roll out of bed and stay low. One breath of smoke/gases may be enough to kill you.
- ♦ Time is critical—don't get dressed or look for pets/valuables.

GET OUT!



Note to self: Feed the barrel at the PO!

Did you realize that sluggishness you experience in the Spring and attribute to "spring fever" is actually a nutritional deficit? Your body is craving those new spring greens for a reason! Help the Food Pantry supply fresh salad greens to those struggling to feed their families, our neighbors.

Send a check for fresh produce to :
CVUM Church
Food Donation Fund
PO Box 43
Camas Valley, OR 97416

April Grange Meeting Dates

The month of April is **Grange Month**, so come join us for lunch or planning.

- ♦ **Tues. April 7th** Ladies' Luncheon at **noon** with bingo after.
- ♦ **Tues. April 14th at 10 AM**, is the business meeting to plan the next luncheons.
- ♦ **Tues. 28th** Senior luncheon at **noon** with bingo afterwards.

Why an email subscription?

Email allows you to keep friends and family that have left the valley to keep up with the events that affect this community. **Or maybe you would just like to get the Flame (in color!) early—by the 26th.**

Send name and email address to:

jwickham52@gmail.com

and an electronic copy will be sent to them each month, free.



Thank You For Your Support

We received

no donations

this month.

Remember our Flame is published using donations only. They may be mailed to:

Vonnie Wallace
1200 Westside Road
Camas Valley, OR 97416

Please make checks payable to
Camas Valley Rural Fire District
and designate them for **THE FLAME**.

THE FLAME

The Flame is a monthly publication of the Camas Valley Rural Fire District Auxiliary. The mission of this newsletter is to keep the residents of Camas Valley informed about the events and activities of the fire department, churches, school and civic organizations that are in Camas Valley.

The Flame is provided free to all residents of Camas Valley by mail and anywhere by email.

To submit articles:

Items must be in by the **25th** of
the month prior the issue
publish date.

Submit to:

Jan Baker at **541-680-5616**
Judith Wickham at **541-733-6940**
jwickham52@gmail.com or
150 Buck Springs Rd. Camas Valley

You are invited to . . .



Camas Valley Christian Fellowship
Friday, April 3rd Sunday, April 5th
7:00 p.m. 10:00 a.m.



ATTENTION SPRING CLEANERS!

Camas Valley United Methodist
Church will be holding its annual

RUMMAGE SALE

Memorial Day weekend and is looking for donations! You get rid of all that space-hogging stuff and get a nice tax deduction, CVUM Church turns those donations into support for the community through its outreach programs.

Donations may be brought to the church or picked up.

Call **Mike Cay** at **1-541-207-7282**
or **Betty** at **541-445-2855**.



If cold hands mean a warm heart, the **Camas Valley Grange** sent the new **Mr. and Mrs. Kevin Wilson** on their wedded way with very warm hearts, indeed. A combination of minor catastrophes Saturday the 21st left the Grange Hall with insufficient heat for the scheduled wedding reception, despite the best efforts of Paul Yoder.

The Grange members feel awful about the situation and are striving to make it right for the family. Look at it this way, it will make a wonderful story to tell on your 25th anniversary!



Camas Valley Business Directory

To have your business included in the **Flame**, please fill out the form below and mail or email it to the address listed. *If you missed the opportunity to get your business listed, now is the time to get your information out before our readers!*

The directory will be printed when space allows through-out the year. We encourage our readers to patronize local businesses and support your neighbors!

Type of Business

Name of Business

Owner/
Contact person

Phone
Number(s)

Days
open

Hours
open

Mail form to: **Judith Wickham**
150 Buck Springs Rd.
Camas Valley, OR 97416

Or email information to :
jwickham52@gmail.com



OOOOOOOUCH!



For all of their strappy and colorful cuteness, summer sandals have one major downside: **blisters**. When temperatures heat up, your feet swell and sweat, which causes friction against your shoes, even comfy ones, and those painful fluid filled sacs can follow.

So what's the best way to avoid blisters? First, make sure your shoes fit you just right. Once you have a blister, resist the urge to pop it. Popping a blister can introduce infection, and often the blister comes right back the same day. Instead, keep the blister covered with a bandage until it dries up. But we know blisters are usually too annoying to stick to a strict watch and wait approach to healing. So here are a few home cures for healing blisters.

PURE ALOE VERA GEL: Aloe is what I use. It's also a healer. I like using it straight from the plant the best. Aloe vera is a natural anti-inflammatory, which means it helps relieve redness and swelling. Plus it's very hydrating, and keeping skin moist helps it heal faster, especially once the blister pops on its own and shrivels up.

APPLE CIDER VINEGAR: Soaking the blister is the best, otherwise dabbing on vinegar works great also. It's an old-time remedy that my husband's mother taught me. Apple cider vinegar has antibacterial properties, so it could help prevent infection once the blister pops. But even then—ouch! Vinegar is likely to sting.

UNDERARM DEODORANT: To prevent blisters on your feet when wearing strappy sandals, rub some deodorant on the area first. It will let the straps slide across the skin but not rub. Since foot blisters are worsened by moisture, and friction, using an *antiperspirant* deodorant would prevent moisture.

DIAPER RASH CREAM: An application of diaper rash cream with zinc oxide is used to prevent infection and dry out the

area but it is thick and messy.

BLACK TEA: Applying black tea on the affected area helps soothe blisters. It has anti-inflammatory properties, but green tea has more, so soak in cold green tea instead of black.

TOOTHPASTE: I know people use toothpaste to dry out various things on their bodies such as pimples, blisters, sores. But the actual condition probably would've dried on its own in a day or two anyway. If you do use toothpaste, choose one that's not flavored with cinnamon, which can irritate the skin.

TEA TREE OIL OINTMENT: It has some antibacterial properties and is an astringent, which helps dry up the blister. For most people it wouldn't hurt, but for some, it could irritate the skin.

WATER SOAK: Salt water soaks won't hurt but it wouldn't do much other than clean off the dirt and sweat.

HAPPY WALKING IN YOUR SUMMER TIME SHOES. TAKE CARE OF YOUR FEET, YOU WILL NEED THEM FOR YEARS TO COME...

KETTI WALKER, RN



Superintendent's Message

As mentioned last month, our **2nd annual Academic Awards Night** celebration will be **April 30th at 6:00 p.m.** in the gymnasium. We ask everyone who comes to dress as formal as you can. Seating reservations will start with families of students who will be receiving an award and then remaining seats will open up to the general public **after April 15th**. We will provide a dessert and small food item to tide you over but it will not be a full meal. Please plan appropriately. Come be a part of celebrating the Academic Achievements of our students and the greatness of our unique community.

With spring here we are beginning Smarter Balanced Testing. These are the new tests required by the state of Oregon to measure how our students progress towards meeting the Common Core State Standards. A passing score on this test would reflect what the testers feel is a score sufficient to show that the student is adequately prepared for non-remedial college classes in math, reading, and writing. Based on pilot testing that has happened across the state and the nation, about 1/3 of students are expected to meet the proposed standards for college readiness. Our staff has been working hard to prepare our students, but we are still nervous about how this new form of testing will play out for our kids. It is going to take a lot of time away from regular instruction and we are concerned about how the students will react to the more challenging tests. Our concerns are not just local as these fears are shared by school districts across the state.

As a district, we have been planning and preparing for the new standards and the new tests for three years. Nonetheless, we are still apprehensive about something so daunting. Our schools are measured and graded based on student performance on state tests. It is our hope that our students and our families will support the students doing their very best regardless of fears or feelings about the test. I know each staff member is very committed to teaching your children to the best of their abilities and we all want to see the students be as successful as possible. Please join with the staff in encouraging your child to take the tests seriously and to give their very best effort.
Go Hornets!!

Patrick Lee
Superintendent/Principal

★★ 2nd Annual ★★



ACADEMIC
AWARDS
NIGHT



Camas Valley Community
Charter School
April 30, 2015
6:00 pm

*Please join us for a night of
celebration honoring our K-12
academic achievements.*

Formal attire preferred by not mandatory

**Snack
Food**
For reserved
seats only



**Student
Recognition**

Entertainment

Student videos, skits, musical performances

**Looking for a
few good
people...**

Camas Valley School is looking for substitute teachers. If you have a bachelor's degree and would be interested in substituting at the K-12 level, please contact the office at **541-445-2131**.

The Camas Valley School District is preparing to fill one position on the **Board of Directors**. Applicants for the position must be qualified voters of the District and have been residents within the District for one year immediately preceding the appointment. No person who is an employee of the District is eligible to serve as a district board member while employed.

To apply for the position contact the district office at **445-2131**, write to:

**Board Vacancy
Camas Valley
School District
PO Box 57
Camas Valley, OR**

or visit us during working hours.

Camas Valley Business Directory



Alpacas, stock/fiber/ merchandise

Turkey Gulch Alpacas

LaVon Newman
Sun.-Sat., 10-5
541-445-0804

Art, private painting lessons

Lang Crk Studio

Kay Ganieany
Mon.-Thurs.,
by appt.
541-445-2001

Autobody repair/paint

Green Collision Repair/Horizon Autobody

Marvin & Rennae
DeVoogd
M-F, 8-5
541-679-6100

Beauty, health and gift

Lord and Lady Lavender

Beth McNamara
Online 24/7

lordandladylavender.com

Anytime
408-857-8782

Beauty products

Avon

Mary Helen Banks
call 8am—8pm
7 days a week
541-643-6317

Beauty shop

Scissor Trix

Jennie Plikat
By appt.
541-733-1919

Bookkeeping

Rose Mary's

Bookkeeping
Rose Mary Cooper
Call for appt.
541-784-8788

rosemcooper@gmail.com

Christmas trees, U-cut / wholesale

Calico Christmas Trees

Contact:
Shari White
Nov. & Dec.
7 days/wk 9-4:30
**541-445-2350/
541-670-0458**

Construction, building

AMSI

Bill Lindsey
Mon.-Sat., 8-7
541-643-0366

Dump runs/yard help

Helper Hands

Jacob Hunt
Open to calls
541-643-5454

Lanakila Peck
Open to calls
541-643-2313

Electrical Contractor

Alan Sabin Electric

Alan Sabin
Generac generator
Sales/maintenance/
Installation/repair
M-S 7am-6pm
**541-440-3792
541-445-2070**

Eng. consulting design/ drafting

TV Design, LLC

Troy I. Vanderhoof,
P.E.
M-F, 9:00-17:00
541-643-0138

Gifts

Joy's Gift Shop

Sharri Payne
Thur.-Sat., 10-3
541-430-2449

Honey bees, hive removal, classes on honey bees

Phill the Bee Guy

Phill Moulton
phillthebeeguy@gmail.com
503-349-8463

Horses

Blankets/maintenance

Horse Blanket Wash & Repair

Jeanette Day
541-445-0800

Boarding/consult/train

Blue & Gold Stock Farm

Marge Vilas
Every day, 10-5
541-430-4225

Housekeeping

Maid in the Shade

Lisa Muller
541-430-1974

Jewelry, decorative/ therapeutic

Mommy & Me Jewelre

Janna Vanderhoof
M-F, 9-5 or appt.
541-643-1934

Locksmith, keys /locks

Camas Valley Key Shop

Bruce Jehning
7days/wk
24 hr. emerg.
541-445-2014

Machine quilting

Sew Fun

Linda Underhill
Call for appt.
541-580-2814

Museum/restaurant

Noah's Ark

Irvn /ShirleyThrush
S-F, 9-dark,
Sat. 2-dark
541-784-1261

Notary/Post Office

CV Post Office

Vickie Farmer
M-F 8-3 Sat 10-2
**541-445-2177
541-643-5059**

Portable sawmill service

Backwoods

Custom Milling

Harvey Saul
**541-671-1993
541-445-2888**

Real Estate, broker

Berkshire Hatha- way Homeservices

**Real Estate
Professionals**

J.T. Berk

24/7

541-430-6078

Rental, Storage.

BK Mini Storage

Ketti & Bill Walker
7 days/wk.,
daylight-dark
541-445-2902

Sewer/underground utilities/roads/pads

Scott Standley Const.

Scott & Darla
Standley
Mon.-Sat., 8-5
541-445-2245

Shetland Sheep/ English Angora Rabbits stock/ fiber

Camas Valley

Fiber Farm

By appt. only
541-733-6343

Shoe repair /leatherwork

Art's Shoe Repair

Joe Ferrara
T-F 9-5:30,
Sat. 9-5.
541-673-8541

Water delivery, Bulk

Quiet Mt. Water

Rick/Rinda
Quesenberry
M-F 8-5,
S-Sun. by appt.
541-817-3132



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Let us be thankful for the
fools. But for them, the rest
of us could not succeed.
Mark Twain

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 April Fools! Fire Dept. Training 7pm	2 K-6 Dental Screening End of 3rd Qtr.	3 No School Grading Day Good Friday	4 EASTER EGG HUNT 10:30 HS Track @ Douglas
5 Easter 	6	7 Grange Ladies Lunch Noon / Bingo HS Track @ Bandon MS Track @ Oakland	8 Fire Dept. Training 7pm	9 Community Birthday Party 5:30 School Bd. Mtg. 7	10 No School Parent/ Teacher Conferences	11 HS Track @ Brookings
12	13	14 Grange Bus. Mtg. 10 am @Grange Fire Dept. Bd. Mtg. 4 MS Track @ So. Umpqua	15 TAX DAY Fire Dept. Training 7pm	16 School Bd. Meeting 7 pm	17 No School	18 HS Track @ Marshfield
19	20	21 HS Track @ Douglas MS Track @ Sutherlin	22 Science Fair Fire Dept. Training 7pm Earth Day	23	24 Arbor Day No School (inservice) HS Track @ So. Umpqua	25
26	27	28 Grange Senior Lunch 12 w/ Bingo MS Track @ Glendale	29	30 Academic Awards Night 		

Camas Valley Churches

Camas Valley Missionary Church	Camas Valley Christian Fellowship	Camas Valley United Methodist
<u>Sunday</u>	<u>Sunday</u>	<u>Sunday</u>
	Men's Prayer 7:30 am	
	Morning Worship & Sunday School 10:00 am	
Sunday School 9:30 am	<u>3rd Wednesday</u>	Morning Worship 9 am
Morning Worship 10:45am	Evening service 6:00 pm	& Children's Sunday School
<u>Wednesday</u>	Call the church office for CELL group meeting and time information at 541-430-1913.	Fellowship 10 am
		w/ beverages and snacks
Bible Study 10:00 am		<u>4th Tuesday, monthly</u>
		Bible Study 2 pm

Camas Valley Volunteer Fire Department
PO Box 220
Camas Valley, OR 97416

Non Profit Organization
US Postage Paid
Permit No. 2442
Tenmile, OR 97481
Standard Mail A

CAMAS VALLEY PO BOXHOLDER
CAMAS VALLEY, OR 97416