



THE FLAME



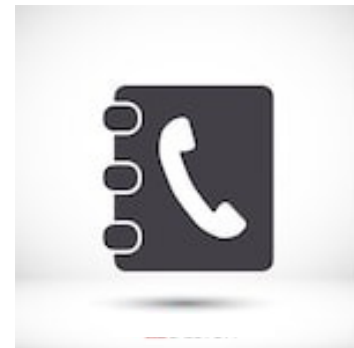
Volume XX Issue IV

"Put out" by the Camas Valley Fire Department Auxiliary

May 2020

Camas Valley cell phone directory

We have received about thirty entries for the emergency directory. It would be nice to have twice that. If you are interested in being included in this valley only, emergency cell phone directory, ***please fill out the form below***. If there is enough of a response I will start compiling the list about mid-May. It would be nice to have it available soon.



This form supplies all the information needed for a local directory. If there is not enough of a response to make it worthwhile, the information will go to the **Camas Valley Fire Department** to use if needed in an emergency. No information will be sold or given to other entities. This will strictly be for our valley residents to be able to contact their neighbors. We understand that your cell phone number is a very private matter if you do not wish to share it. This is not a business directory; that already exists.

When completed, the directory will be sold at a cost to cover expenses. All proceeds will go to the **Fire Dept. Building Fund**. **The Flame** will keep you posted on if, when, where, and for how much the directory will be. Questions? Call Judith at **541-733-6940**.

Camas Valley Cell Phone Directory form (Please print)

Name _____

Physical address _____

Cell phone number _____

Signature (implies consent to publish) _____

Send signed, completed form to:

Judith Wickham
150 Buck Springs Rd.
Camas Valley, OR 97416

We appreciate your support!

We received donations from
Charles Redfern & Amandah Norman
Nicholas & Julie Weaver
Katrina Fisher
Mike Moore
George & Paultrisha Johnston
Juanita Saul
Robert Looney

The Flame is published using donations only.
They may be mailed to:

Vonnie Wallace
1200 Westside Road
Camas Valley, OR 97416

Please make checks payable to
Camas Valley Rural Fire District
and designate them for
THE FLAME.

W-D Food Pantry was given an opportunity to apply for a COVID-19 grant from The Ford Family Foundation to help our communities at this difficult time. The application was granted and our intent is to double the amount of food put in the basic box over three months (through June). If the effects of the virus last longer, then we can use monetary donations to extend that time, so checks would be very welcome at this time! A dollar spent with UCAN/Oregon Food Bank can buy over 6 lbs. of food!

Please send your check to support the Pantry to:

W-D Food Pantry
c/o Vonnie Wallace
1200 Westside Rd.
Camas Valley, OR 97416

or call Vonnie at 541-445-2355.

All of the volunteers at the pantry greatly appreciate the increased support we are receiving for those in our communities impacted by COVID-19!



THE FLAME

The Flame is a monthly publication of the Camas Valley Rural Fire District Auxiliary. The mission of this newsletter is to keep the residents of Camas Valley informed about the events and activities of the fire department, churches, school and civic organizations that are in Camas Valley.

The Flame is provided free to all residents of Camas Valley by mail and anywhere by email.

To submit articles:
Items must be in
by the 25th

Submit to:

Jan Baker at **541-680-5616**
Judith Wickham at **541-733-6940**

jwickham52@gmail.com or
150 Buck Springs Rd. Camas Valley

***Grange meals
cancelled though May***

***Email Flame issues are
handy!***

Email allows you to keep friends and family that have left the valley to keep up with the events that affect this community. **Or maybe you would just like to get the Flame (in color!) early, by the 26th.**

Send name and email address to:

jwickham52@gmail.com

and an electronic copy will be sent to them each month, **free.**

Viruses are incredible submicroscopic particles that can infect your cells. Basically, viruses are genetic material contained within a protective protein shell. That is it. No cell parts, no cell function except to reproduce. It is parasitic in that it cannot exist on its own. The study of viruses is known as **virology** and those who study viruses are called **virologists**.

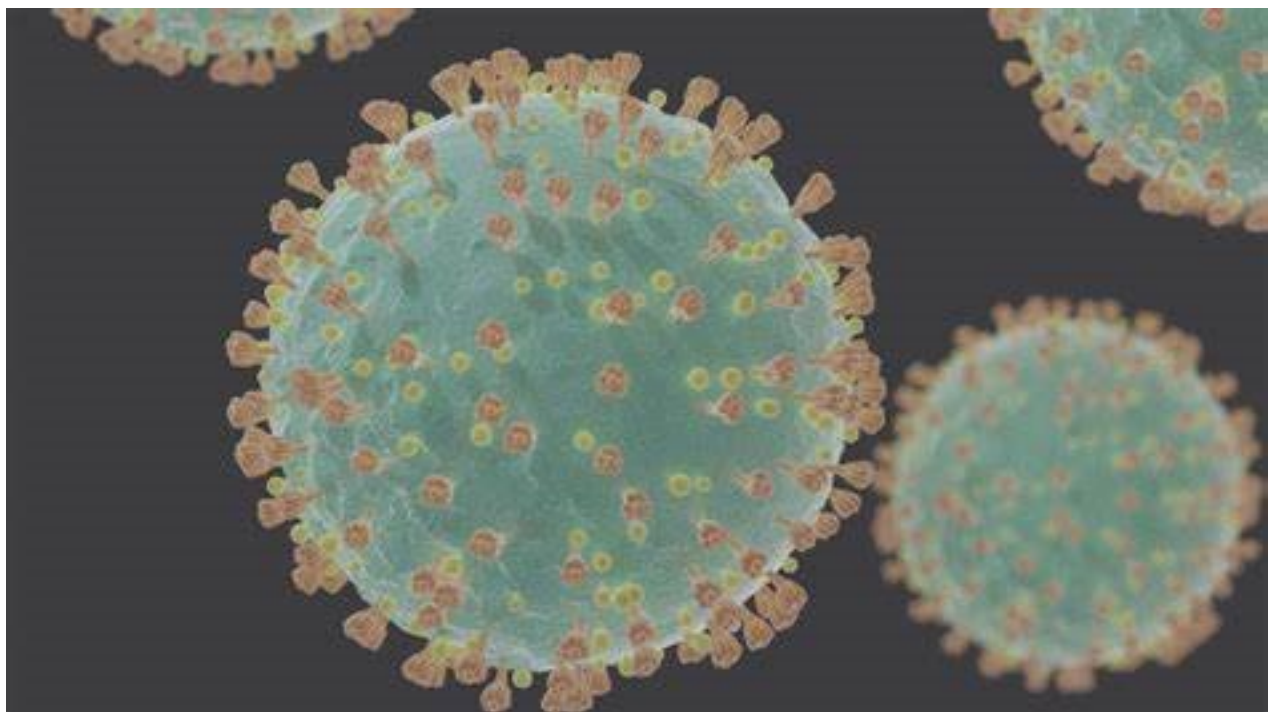
To make it clear what a virus is, I will repeat myself a bit. A virus is a chain of nucleic acid (DNA or RNA) which lives in a host cell, uses parts of the host cellular machinery to reproduce and release copies of itself to infect more cells. A virus is often housed in a protein coat or protein envelope, a protective covering which allows the virus to survive between hosts.

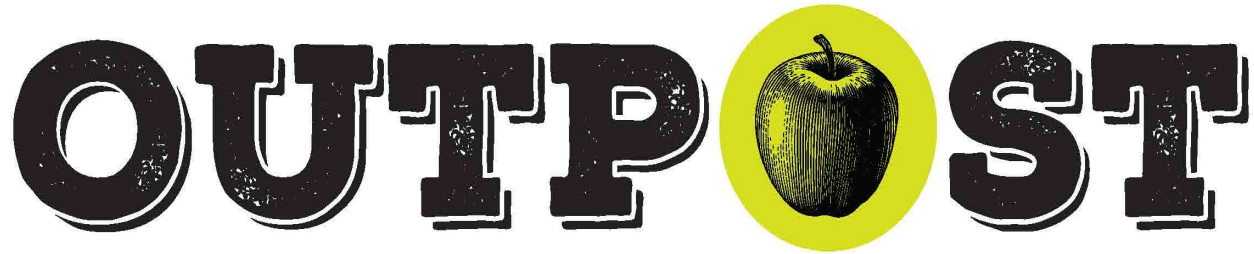
Viruses are smaller than bacteria and can't survive without a living host. Unlike bacteria most viruses do cause disease. Remember that antibiotic drugs kill bacteria (anti-biotic=against bacteria), but they aren't effective against viruses.

For most viral infections, treatments can only help with **symptoms** while you wait for your immune system to fight off the virus. Antibiotics do not work for viral infections. There are antiviral medicines to treat SOME infections. Vaccines can help prevent you from getting many viral diseases because the presence of the vaccine has alerted your immune system to attack that specific virus. Think of it as the Most Wanted posters the FBI hangs in the Post Office. To be forewarned is to be forearmed.

REST, DRINK WATER, WASH YOUR HANDS.

Just like alcohol, sugar can too cause serious inflammation and weaken your immunity system making your cold and cough worse. Sweets may be comforting, but try and avoid as much as you can. *Bacteria and viruses thrive on sugar. It's their only source of energy.* So consuming sweet snacks when your sick can often make you feel worse. Soda pops, fruit juices, and sugary drinks should be avoided. Water and rest...





MOBILE FOOD CENTER

The Outpost is a traveling food pantry that delivers food directly to families in need. Our goal is to provide food where there is a high need but limited resources. Visit us at the closest location to your home.

1st & 3rd week of the month (starting on 1st Monday of the month)

Tuesdays 1-3 PM Elkton Community Education Center
15850 State Highway 38 W, Elkton, OR

Wednesdays 1-3 PM Days Creek Charter School
11381 Tiller Trail Hwy, Days Creek, OR

Thursdays 1-3 PM Camas Valley Christian Fellowship
18340 Highway 42, Camas Valley, OR

Additional dates of operation (weather permitting)

Fridays:
2/28/20, 3/13/20, 1-3 PM Diamond Lake Gas Station
4/17/20, 5/15/20, 350 Resort Dr, Diamond Lake, OR
6/12/20 & 7/17/20

"FREE" Community Clothes Closet

When: 1:00 pm to 3:00 pm, first Thursday of the month. If it's a holiday, then it will change to Monday, following the first holiday of the month).

Where: Parking lot of Camas Valley Christian Fellowship (mobile food bank, in front of the church) inside UCAN (mobile food bank, in front of the church)

How: Providing free clothing

Why: Because

For clothing emergencies Please call (503) 302-6323.

Free Community Clothes Closet upcoming Thursday meeting dates:
May 7, June 4, July 2, August 6, Sept. 3, Oct. 1, Nov. 5, Dec. 3

CURRENTLY ON HOLD
Will update when service returns
Call 503-302-6323 for clothing emergencies

Wildfire 101 by Birgitte Messerschmidt

In recent years, wildfire has carved an increasingly destructive path across the globe. Areas like Greenland and Siberia, where wildfires were once virtually nonexistent, have experienced blazes due to a warming climate. In places historically subjected to wildfire, including the United States, Australia, and parts of Europe, climate change and increased human development in fire-prone landscapes have led to some of the most destructive fires on record.

And yet we still don't fully understand some basic questions about wildfire, such as how it spreads through a landscape and how to build communities that can withstand it... The largest fire research project currently underway in the world (in terms of scope and the number of researchers involved) is aimed squarely at answering some of these important wildfire questions.

The project, called **PyroLife**, began April 1 and hopes to shed light on wildfire unknowns while also training a new generation of experts in holistic fire management. Over the next four years, ... 10 leading European universities and institutes will each tackle a separate wildfire project focused on areas such as risk quantification, risk reduction, and risk communication. Their work will be supported by 21 international partners that include governments, fire services, industry, and nonprofit agencies from 10 European countries as well as Canada, New Zealand, and the US. As part of the **PyroLife** consortium, ...NFWA is keen to share our experience from our successful Firewise program,

as well as our data and general fire expertise. You can learn more about the project at pyrolife.lessonsonfire.eu.

The project is globally integrated by design and combines the strengths and knowledge bases of each country involved, as well as the different scientific disciplines of the researchers. The results of this undertaking will be key to tackling a problem as massive as wildfire... Northern Europe's penchant for engineering solutions to challenging community threats, combined with the fire science expertise of Southern Europe and the US, is perhaps the recipe we can use to successfully take on the wildfire problem. Recent events have made it clear that wildfire is one of the great challenges of our time for the global research community, and we will need as many great minds and perspectives as we can muster to confront it.

There are now more resources and effort going into this issue than at any time I can recall. Such a global problem is going to take a global effort to solve, and PyroLife is a great start.





The church is overflowing with wonderful rummage items! This bounty is a mixed blessing. One, we cannot accept any more of your donations, and two, the wisest course of action during the ongoing COVID-19 pandemic is to postpone our long awaited annual rummage sale to later on this year.

This sale not only gives residents a place to donate gently used items and clear out their storage, but helps **Camas Valley United Methodist Church** support the community and its residents in myriad ways. Thank you for your support and we will keep you posted on our new date!

Visibility Reminder

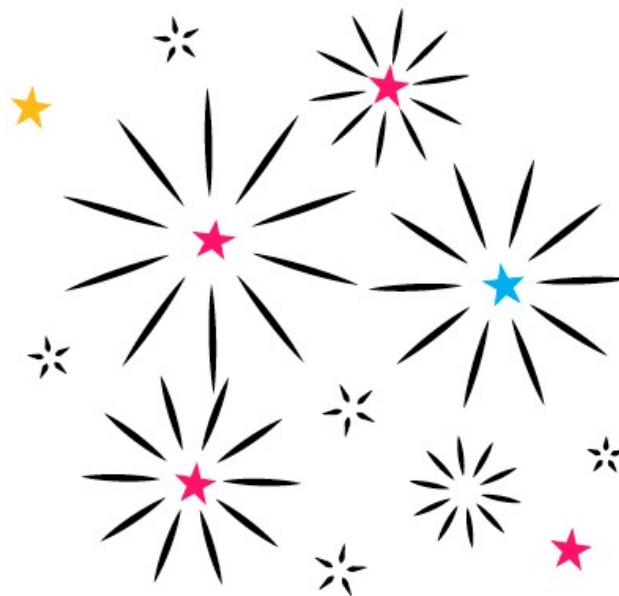


The grass is getting lush and the brush and trees are leafing out. Be sure to clear out around your reflective house number sign and clean off the surface so it reflects clearly.

Also trim your driveway to allow emergency vehicles to enter 16' wide (12' drive plus 2' clearance either side) and 14" tall

***We cannot help you
if we cannot find you!***

Pyros Birthday Calendar



I am going to work on our Pyros Birthday Calendar in the month of May. I would appreciate very much for people to call me if you want to stay on the calendar. I seem to have not gotten to everyone last year.

If you are new to the community and would like more information, please call me. **This is a great fundraiser for our 4th of July fireworks show.** If we all participate we can make a lot of money for fireworks.

The prices are \$5 per calendar and \$.50 per submission to the calendar. Please call me as I can't go door to door this year. It really helps to have the money up front then when the calendars get here the end of August I can just leave them on your door. I will look forward to hearing from you all.

Thank you!
Mary Helen Banks
541-643-6317



Superintendent's Message

Dear Camas Valley Families,

What an interesting time in our history! I'm sure by now we are all in the same place wanting to get back to normal. Here at school, I know all the staff are missing our students and families. I wanted to give some updates as we move through the end of the school year.

Distance learning: I know distance learning is not ideal or the best situation for our students, education was designed to be in person with the interaction between students and teacher! I want to thank all the families for being so understanding during this time and for the staff who has put in countless hours revising how they teach. We will continue to do our best with the hope that the fall and being back to school is coming.

At the school: A lot is going on as we have started the seismic renovations on the gym with the main building to follow in mid-May. The gym will have a new feel with a refinished floor, new ceiling and lights, remodeled locker rooms, and a few other things. The football lights have been ordered and will be up this summer. 100% of the teachers have signed contracts for next year, so we are set except for a couple of new positions that could happen.

As you can see, even with all the stuff that is happening, things are still moving forward as we prepare to have our school community back together. I want to encourage everyone to take care of one another, and soon we will be on the other side of the issues we are facing.

Take care and Go Hornets!

Mr. Wonsley





Can you find all the words hidden in this puzzle?

E	V	I	W	R	T	S	E	R	O	F	G	E	C	D
D	R	C	U	T	R	U	D	F	R	I	D	P	U	Y
W	I	P	H	D	E	S	E	R	T	F	L	P	M	W
T	V	E	D	I	F	A	S	C	Y	A	S	V	O	G
U	E	R	U	L	R	D	U	G	I	V	O	T	U	R
O	R	H	S	T	P	C	H	N	E	D	W	P	N	L
P	W	N	H	L	C	W	S	T	U	S	P	F	T	I
E	Y	G	S	I	H	E	W	N	Y	E	L	L	A	V
N	T	E	H	D	L	T	R	I	H	G	R	W	I	C
I	G	D	R	C	N	L	F	V	O	L	C	A	N	O
N	U	T	V	O	R	A	S	D	R	E	N	U	C	D
S	E	D	W	C	Y	N	P	G	F	H	R	V	E	I
U	C	D	I	E	T	D	E	L	Y	E	C	T	G	O
L	F	G	R	A	S	S	L	A	N	D	R	P	U	T
A	D	C	T	N	E	N	I	T	N	O	C	Y	R	F

River
Grassland
Wetlands
Hills
Forest

Mountain
Valley
Desert
Peninsula
Plains

Ocean
Continent
Volcano
Earth

Business Spotlight



Camas Valley Business Directory

To have your business included in the **Flame**, please fill out the form below and mail or email it to the address listed. *If you missed the opportunity to get your business listed, now is the time to get your information out before our readers!*

The directory will be printed when space allows through-out the year. We encourage our readers to patronize local businesses and support your neighbors!

Type of
Business _____

Name of
Business _____

Owner/
Contact person _____

Phone
Number(s) _____

Days open _____

Hours open _____

Mail form to: Judith Wickham
150 Buck Springs Rd.
Camas Valley, OR 97416

Or email information to : jwickham52@gmail.com

Do you have a new business in the valley? Have you expanded your business services? Is there information about your business that you need to get out to valley residents? While **THE FLAME** is a non-profit publication and cannot advertise, we can inform our readers about what services you offer, changes in your business, etc. Send your business information to:

Judith at **541-733-6940**
jwickham52@gmail.com or
150 Buck Springs Rd. Camas Valley.

Be sure to include contact information so I may get back to you for clarification.

Have you looked at our **Business Directory** lately? These represent many of our friends and neighbors' efforts. Try to think of ways you can support them now. Gift certificates for future services, going ahead with a project you were planning on doing later that requires their services, do a little early Christmas / birthday / graduation shopping. Drop them a note/email/ phone call just to see how they are managing—it is nice to know you are not forgotten in the current chaos.

Remember that neighbor in its finest form is an action verb.

Mother (muth' er)—an 80 year old woman who still hopes to see signs of improvement in her children.



Camas Valley Business Directory



Alpacas, stock/fiber/ merchandise

Turkey Gulch

Alpacas

LaVon Newman
Sun.-Sat., 10-5
541-445-0804

Art, painting lessons

Lang Crk Studio

Kay Ganieany
Mon.-Thurs.,
by appt.
541-445-2001

Auto Repair

C&C Diesel & Auto Repair

David Chadwick
M-F, 9-6
541-445-0005

Autobody repair/paint

Green Collision Repair/Horizon Autobody

Marvin &
DeVoogd
M-F, 8-5
541-679-6100

Beauty, health and gift

Lord and Lady Lavender

Jerry Ashford
Online 24/7
lordandladylavender.com
Anytime
408-857-8782

Beauty products

Avon

Mary Helen Banks
www.youravon.com/
mhelenbanks
541-643-6317

Beauty shop

Scissor Trix

Jennie Plikat
By appt.
541-733-1919
Or in Green at
4886 Grange Rd.
541-236-7086

Christmas trees, U-cut / wholesale

Calico Christmas Trees

Shari White
Nov. & Dec.

7 days/wk 9-4:30

541-445-2350/

541-670-0458

Construction, building

AMSI

Bill Lindsey
Mon.-Sat., 8-7
541-643-0366

Dump truck/rock haul

Kevin Wilson

Trucking
Kevin & Michelle
Wilson
541-670-6589
541-430-9851

Dump runs/yard help

Lanakila Peck
Open to calls
541-643-2313

Electrical Contractor

Alan Sabin Electric

Alan Sabin
Generac generator
Sales/maintenance/
Installation/repair
M-S 7am-6pm
541-440-3792
541-445-2070

Eng. consulting design/ drafting

TV Design, LLC

Troy I. Vanderhoof,
P.E.
M-F, 9:00-17:00
541-643-0138

Fire Equipment

Dia-Cast Fire Equipment

Sales and Rentals
Don/Diane Casteel
541-643-8556

Garbage Disposal

Camas Valley

Disposal
Scott & Darla
Standley
Wkly. Wed. pick-up
541-445-2245

Handcrafted gifts

Frosted Treasure Designs

Lori Ross
541-637-9774
Frostedtreasuredesign
@gmail.com

Handyman, lawn/garden equipment

Quiet Mtn. Tinker

Mike Moore
541-580-2524

Health and wellness

Plexus worldwide Supplements

Charman Shields
541-430-3600
www.plexusslim.com/
charmanshields

Honey bees

Phill the Bee Guy

Phill Moulton
phillthebeeguy@gmail.com
503-349-8463

Horses

Boarding/consult/train

Blue & Gold

Stock Farm
Every day, 10-5
541-430-4225

Housekeeping

Maid in the Shade

Lisa Muller
541-430-1974

Jewelry, decorative/ therapeutic

Mommy & Me

Jewelre
Janna Vanderhoof
M-F, 9-5 or appt.
541-643-1934

Locksmith, keys /locks

Camas Valley Key

Shop
Bruce Jehning
7days/wk
24 hr. emerg.
541-445-2014

Machine quilting

Sew Fun

Linda Underhill
Call for appt.
541-580-2814

Music

Parker Piano

Piano lessons for all
ages
LeAnn Parker,
instructor
541-671-3238

Notary/Post Office

CV Post Office

Vickie Farmer
M-F 8-3 Sat 10-2
541-445-2177
541-643-5059

Portable sawmill service

Backwoods Custom Milling

Harvey Saul
541-671-1993

Real Estate, broker

Berkshire Hatha- way Homeservices

**Real Estate
Professionals**
J.T. Berk
541-430-6078

Restaurant/Bakery

Bravo Bakery & Café

Troy Payne
Tues.-Sun. 7:30-8
541-445-2306

Rental, Storage,

BK Mini Storage

Ketti & Bill Walker
7 days/wk.,
daylight-dark
541-445-2902

Sewer/underground utilities/roads/pads

Scott Standley Const.

Scott & Darla
Standley
Mon.-Sat., 8-5
541-445-2245

Shetland Sheep/ English Angora Rabbits stock/ fiber

Camas Valley Fiber Farm

By appt. only
541-733-6343

Shoe repair /leatherwork

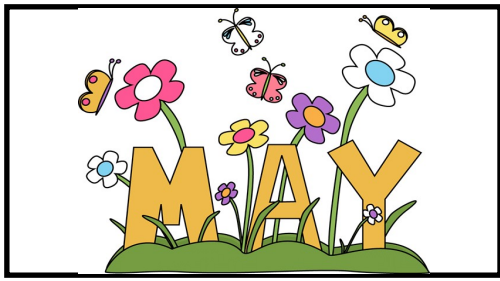
Art's Shoe Repair

Joe Ferrara
T-F 9-5:30,
Sat. 9-5.
541-673-8541

Small engine repair

Hunt's Chainsaw

Theran Hunt
Mon.-Fri.
541-430-7283



Perhaps the best way
to weather the storm is to
learn how to dance in the rain.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

					1  Happy May Day!	2
3	4	5 Fire Dept. Training 7pm	6	7	8	9
10 	11 Fire Dept. Bd. Mtg. 5	12 Fire Dept. Training 7pm	13	14 Mobile Food Cart 1-3 Fellowship Church lot	15	16
17	18	19 Fire Dept. Training 7pm	20	21 School Bd. Mtg. 7 pm (unconfirmed)	22	23
24	25 Flame Deadline	26 Fire Dept. Training 7pm	27	28 Mobile Food Cart 1-3 Fellowship Church lot	29	30
31 Memorial Day 						

Camas Valley Churches

Camas Valley Missionary Church	Camas Valley Christian Fellowship	Camas Valley United Methodist
<u>Sunday</u> Coffee Fellowship 10:00 am Morning Worship 10:45 am Youth Church 11:00 am <u>Wednesday</u> Bible Study 10:00 am	<u>Sunday</u> Morning Worship 10:00 am & Sunday School <u>Monday</u> Intercessory Prayer 9:00 am Youth Group 6:30 pm	<u>Sunday</u> Morning Worship 9:00 am & Children's Sunday School Fellowship 10:00 am w/ beverages and snacks

Camas Valley Volunteer Fire Department
PO Box 220
Camas Valley, OR 97416

Non Profit Organization
US Postage Paid
Permit No. 2442
Tenmile, OR 97481
Standard Mail A

CAMAS VALLEY PO BOXHOLDER
CAMAS VALLEY, OR 97416