



THE FLAME



Volume XIII Issue I

"Put out" by the Camas Valley Fire Department Auxiliary

Feb. 2013



*Good heavens!
Is that
Peter Cottontail?*

The 22nd annual **Easter Egg Hunt** will be **Saturday, March 30th** at the Camas Valley School. The gates will be **open** at **10:00 A.M.** and the **egg hunt**, starting at **10:45 A.M.**, is open for all children from crawling to 6th grade.

Bring your Easter baskets as the eggs will be exchanged for a prize and candy. There will also be filled Easter baskets raffled off. Bicycle helmets will be measured for each child and a ticket given for a helmet drawing in their correct size.

As in years past, both **Camas Valley and Tenmile Fire Departments** will be giving rides to kids of all ages. Also, the famous **Easter Bunny** will make an appearance to hand out candy.

Help make our Cake Walk a great success by bringing your favorite baked goody (brownies, cookies, single layer cakes, etc.). If everyone brings something, then every family goes home with something. If you have any questions you may contact **Teresa at 541-673-7151**.

By supporting the donation cans or sponsoring a donation you help make the Easter Egg Hunt a big success. Thank you everyone for all your support so that this great event for our kids can continue.

Questions? Call **Vonnie 541-445-2355** or **Jan 541-445-2443**.



Another successful Fire Dept. Appreciation Dinner has come and gone. And, as always, it could not happen without the continued loyal and generous support of:

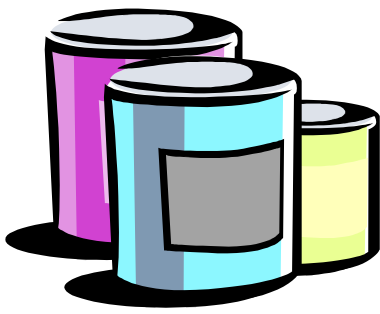
- ♦ The Mill Casino
- ♦ Seven Feathers Casino
- ♦ Douglas Co. Farmers Co-op.
- ♦ Douglas Co. Electric Co-op.
- ♦ Harrison Hardware
- ♦ Wal-Mart
- ♦ Jerry's Jets

and many, many others.

All the local artistic additions are especially appreciated! This includes the beautiful quilt made by **Juanita Saul**, won by **Kandi Taylor** of the **Tenmile Fire Department** support group. The quilt raffle brought in a total of \$317.

The donated \$50 gas card was won by **Gale Bauder** and brought in \$110. A total of over \$2800 was added to the **Fire Department Building Fund** in one evening's culmination of weeks, if not months, of work. The food, as always, was mouthwatering and plentiful and the company warm and inviting. A hearty **THANK YOU** to everyone who donated, bought items and/or supported our local Fire Department!

—C.V. Vol. Fire Dept. Auxiliary



You can help “can hunger” by contributing canned goods to the Food Panty barrel in the Post Office lobby, accessible 24/7 thru the outside door. Items will be carried to the Dillard-Winston Food Pantry every Monday.

The need is great and includes your neighbors in Camas Valley.

*“Nobody
will ever win
the battle of
the sexes.*

*There is
too much
fraternizing
with the
enemy.”*

*Henry
Kissinger*

***Email for an
out-of-valley
experience!***

Want to keep the college student informed about happenings in Camas Valley?
Or know former residents that like to keep up?

Send their name and email address to Judith at
jwickham52@gmail.com
and an electronic copy will be sent to them each month.

Or call
541-733-6940 and leave
your name and number
so Judith can call you
back for info.

Thank You For Your Support

We received donations from:

Kay Ganieany

Remember our Flame is published using donations only. They may be mailed to:

Vonnie Wallace
1200 Westside Road
Camas Valley, OR 97416

Please make checks payable to
Camas Valley Rural Fire District
and designate them for
THE FLAME.

The Flame

The Flame is a monthly publication of the Camas Valley Rural Fire District Auxiliary. The mission of this newsletter is to keep the residents of Camas Valley informed about the events and activities of the fire department, churches, school and civic organizations that are in Camas Valley.

The Flame is provided free to all residents of Camas Valley.

Articles may be submitted by the **25th** of the month to one of the following:

Jan Baker at 445-2443
Judith Wickham at 733-6940
jwickham52@gmail.com or
150 Buck Springs Rd. Camas Valley

End of an era, but not of the Post Office!

We are saddened by the closing of Kay's Market. The Hill family has served this community for a long time and the employees are like family. A lot of us will have to change our habits. Thank goodness the Spirit Market is still here to serve us!

Postmistress Vicki Farmer wants to assure her postal patrons that the **Post Office lobby will be accessible 24/7** through the exterior door. The Post Office will continue its hours:

**Monday-Friday 8 am-3 pm,
and Saturday 10 am-2 pm.**



Time to clear out the old!

Need some room for all those Christmas gifts? Decided to get rid of those outdated electronics? The **Camas Valley United Methodist Church** is collecting items for its annual **Rummage Sale** held in early summer. We will gladly take the items you cleaned out of your closets, furniture, household goods, tools, everything.

Please contact **Michael Cay** at 1-541-207-7282 or **Betty** at 445-2855.

Stone Soup Suppers return this spring!

Stone soup suppers will be returning to Camas Valley later this spring, according to **Mike Cay**, organizer and prime mover of these free meals for the community. Previously, these suppers were held on Tuesdays, 6-7:30 at the CVUMC fellowship hall. No starting date is currently available.



Bring a pot of your favorite soup or casserole and join the party. **These meals are free to all.** Want to know how you can help? Call Mike at **1-541-207-7282.**

HATS OFF TO COACH WOLFE!

After guiding our Hornets to their 2nd consecutive 1A State Championship, Coach Eli Wolfe was named **1A Coach of the Year**. We all know he is an inspiration, but after the article in the January Ruralite and this award, a lot more people will know!

Congratulations
Coach Wolfe!
From all of us and
THANK YOU!



Enjoy making little kids giggle?

Then come to the **Fire Dept. Auxiliary Meeting** planning for the Easter Egg Hunt. The meeting is open to all and it will be at the **Bravo Bakery and Café** **Thursday, February 7th at 9:30 a.m.**

We welcome any one who understands that special events for our kids are worth the effort once you see the smiles. Many hands make light work and a lot of fun!

Winter Weather: Hypothermia

by Ketti Walker, RN

It is cold, it is February, you're fishing and you fall in the river, or you come across a car with a person inside that slid off the road from icy conditions, NOW WHAT?

When exposed to cold temperatures (or even at cool temperatures above 40°F and chilled from rain, sweat, or submersion in cold water) your body begins to lose heat faster than it can be produced. This will eventually use up your body's stored energy, resulting in **hypothermia** or low body temperature. Body temperature that is too low affects the brain, making the victim unable to think clearly or move well. Hypothermia is particularly dangerous because a person may not know it is happening and won't be able to do anything about it.

Recognizing hypothermia is important. The warning signs for adults are:

- ⇒ shivering,
- ⇒ exhaustion,
- ⇒ confusion,
- ⇒ fumbling hands,
- ⇒ memory loss,
- ⇒ slurred speech, and
- ⇒ drowsiness.

First priority: perform a careful check for breathing and pulse and initiate CPR as necessary. The victim's heartbeat may be very weak and slow, so pulse check should be continued for at least one minute before beginning CPR. ***Rough handling of these victims may cause deadly heart rhythms.***

Second priority: re warming.

- (1) Remove all wet clothes and move the person inside.
- (2) The victim should be given

warm fluids if he/she is able to drink, but DO NOT give the person caffeine or alcohol.

(3) Warm the center of the body first—chest, neck, head, and groin
(4) cover the person's body with blankets and aluminum-coated foils or other available protective covers (sleeping bags, sheets, towels). ***Avoid actively heating the victim with outside sources of heat such as radiators or hot water baths. This may only decrease the amount of shivering and slow the rate of core temperature increase.***

(4) Strenuous muscle exertion should be avoided. ***Rubbing or massaging the limbs and exertion may trigger cardiac arrest in some hypothermic patients.***

A person with severe hypothermia may be unconscious and may not seem to have a pulse or to be breathing. In this case, handle the victim gently and get emergency assistance immediately. Even if the victim appears dead, CPR should be provided. CPR should continue while the victim is being warmed and until the victim responds or medical aid becomes available. In some cases, hypothermia victims who appear to be dead can be successfully resuscitated.

Note that many people with frostbite may be experiencing hypothermia. Saving their lives is more important than preserving a finger or foot.

Valley of Angels

Sound like a cheesy romance novel? Maybe, but it exists. **Thank you** to everyone that pitched in and helped with the **Angel Tree**.

Greater than the need in this valley is the compassion and love of its residents.



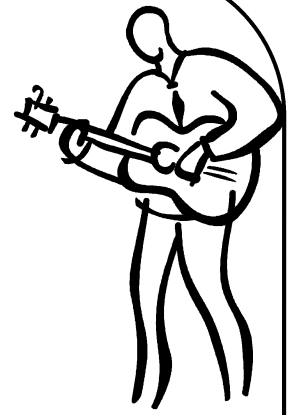
Some February history

History:

February was added to the Roman calendar in 713 BC. The length of the month changed over time and, at one time, it had as few as 23 days. When Julius Caesar remade the Roman calendar, the month was assigned 28 days during normal years and 29 days during leap years which occurred every four years.

SAGA OF THE TRAVELING GUITAR

A couple of weeks before Christmas, Matt Boyd, owner of Go-in' Postal in Myrtle Creek, received a used Hohner Classical guitar from a customer. Matt contacted Shasta Ray, a local music promoter. Shasta took the guitar to Bruce Spriggs, owner of Hi 5 Music in Roseburg.



Bruce donated time and materials to put it into playing condition. Shasta then made contact with Beth McNamara and Jerry Ashford who make up the local duo **Moonglow**. Both Beth and Jerry (Camas Valley music teachers) knew of a deserving music student who was in need of a guitar and were able to give this one as a Christmas gift. The old guitar was saved, got a makeover and is making music once again.

Thank you Matt, Bruce, Shasta, Beth and Jerry for making one young musician very happy!

Symbols of February:
Birthstone: Amethyst
Flower: Primrose
Zodiac signs: Aquarius and Pisces



Holidays:

Chinese New Year
National Freedom Day
Groundhog Day
Valentine's Day
President's Day
Mardi Gras
Ash Wednesday
Black History Month
American Heart Month
Chocolate Lover's Month
National Bird Feeding Month
National Dental Month

**Only Congress
could declare
February to be:**

Heart Month,

**Chocolate Lover's
Month, and**

**National Dental
Month!**

Grange Meeting Date Reminder

The grange is open to everyone in the community. It is a great place to meet or make friends. Nothing brightens up a gray day like the smile of a friend over a meal! Come join us!

- ♦ **Wed. 6th Noon—**
Ladies Luncheon
with Bingo
- ♦ **Wed. 13th 10 am —**
Business meeting
- ♦ **Wed. 27th Noon—**
Senior Luncheon
with Bingo



The Camas Valley Carolers apologize to anyone we missed on our caroling rounds last December. We tried to visit areas we had not visited before and just ran out of time!

Thank you to all that spent an evening making the holiday special for some of our neighbors!

Camas Valley Business Directory



A new year calls for information updating. **If you have submitted information for a business in the Camas Valley Business Directory previously and need to update your information, please do so with the form below.** Unless notified, your information will be printed as previously submitted.

If you missed the opportunity to get your business listed, now is the time to get your information out before our readers.

The directory will be printed when space allows through out the year. We encourage our readers to patronize local businesses and support your neighbors!

Type of
Business _____

Name of
Business _____

Owner/
Contact person _____

Phone
Number(s) _____

Days open _____

Hours open _____

Mail form to: Judith Wickham
150 Buck Springs Rd.
Camas Valley, OR 97416

Or email information to :

jwickham52@gmail.com



**WE
/ WANT YOU**



**TO PLAY
DODGEBALL**

**When: Saturday, March 9th
Sign Ups 9:00
Rules Meeting 9:45
(Captain Required to Attend)
Where: Camas Valley Gym
Cost: \$18 per team
Matches start at 10:00**



**Cool
Prizes**

TEAM RULES:

**Teams of 6
Each team must have
at least 2 females
Age Groups:
13-17
18 and up**

8th Grade Fundraiser

**Booster Club
Benefits**

Want to be like:

**Girls Bball earned \$217
Sr. class earned \$54.83
HS Vball earned
\$229.45?**

They all earned cash
for their cause by working
at the **Snack Shack!**

If you have a group
that would like to add to
their funds while helping
their school and communi-
ty, contact one of the
Booster Club board mem-
bers.



**Students
Can
Hunger**



Camas Valley students added **four hundred** pounds of canned goods to the Dillard-Winston Food Pantry. De-
layed by school closure due to snow
and the winter break, the collected food
was hauled to the Food Pantry Thurs-
day, January 17 for distribution in food
baskets that serve Camas Valley and
Winston– Dillard area families.

The school-wide competition was
won by the **Junior** class who will enjoy
a Pizza Party with pizza from the **Bravo
Bakery and Café**, hosted by the Camas
Valley United Methodist Church.



Alpacas, stock/fiber/merchandise

Turkey Gulch Alpacas

LaVon Newman
Sun.-Sat., 10-5
541-445-0804

Art, private painting lessons

Lang Creek Studio

Kay Ganieany
Mon.-Thurs., by appt.
541-445-2867

Christmas trees, U-cut and Wholesale

Calico Christmas Trees

Wayman Schmidt, owner
Nov. & Dec., 7 days/week
9-4:30
Contact: Shari White
541-445-2350/541-670-0458

Construction, building

AMSI

Bill Lindsey
Mon.-Sat., 8-7
541-643-0366

Engineering consulting design/drafting

TV Design, LLC

Troy I. Vanderhoof, P.E.
M-F, 9:00-17:00
541-643-0138

Garbage hauling/yard help

Helper Hands

Jacob Hunt
Open to calls
541-643-5454

Lanakila Peck

Open to calls
541-643-2313

Horse, boarding/consulting/training

Blue & Gold Stock Farm

Marge Vilas
Every day, 10-5
541-430-4225

Housekeeping

Maid in the Shade

Lisa Muller
541-430-1974

Jewelry, decorative/therapeutic

Mommy & Me Jewelre

Janna Vanderhoof
M-F, 9:00-17:00 or by appt.
541-643-1934

Locksmith, keys and locks

Camas Valley Key Shop

Bruce Jehning
7days/wk
24 hr. emergency service
541-445-2014

Real Estate, broker

**Prudential Real Estate
Professionals**

J.T. Berk
24/7
541-430-6078

Rental, carriage

Day's Carriage Service

George & Jeanette Day
541-445-0800

Sewer/underground utilities/roads/pads

Scott Standley Construction

Scott & Darla Standley
Mon.-Sat., 8-5
541-445-2245

Storage, rental

BK Mini Storage

Ketti & Bill Walker
7 days/wk., daylight-dark
541-4452902



Patronize your neighbor's business!

In times like these, it is helpful to remember that there have always been times like these.

—Paul Harvey

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Secondary rewards field trip School make-up day HSBB @ Elkton	2 HSBB Home Yoncalla MSBB "B" Team Tourney TBA Days Creek Ground Hog Day
3	4 MSBB @ Days Creek 4:30	5 HSBB @ UVC	6 Grange Ladies Lunch Noon w/ Bingo Fire Dept. Training 7pm	7 Auxiliary mtg Bravo 9:30 MSBB Home UVC 4:30 Transfer site	8 HSBB @ Pacific No School	9 HSBB Home New Hope MSBB LFL Dist. Tourney TBA
10	11 Fire Dept. Bd. Mtg. 6	12	13 Grange Bus. Mtg. 10 am @Grange Fire Dept. Training 7pm Ash Wednesday	14 Transfer site 	15 HSBB Dist. No School	16 Tourney TBA
17	18 No School Presidents's Day	19	20 Fire Dept. Training 7pm	21 School Bd. Mtg. 7 pm Transfer site	22	23
24	25	26	27 Grange Senior Lunch 12 w/ Bingo Fire Dept. Training 7pm	28 Transfer site		

Camas Valley Churches

Camas Valley Missionary Church <u>Sunday</u> Sunday School 9:30 am Morning Worship 10:45 am <u>Wednesday</u> Bible Study 10:00 am	Camas Valley Christian Fellowship <u>Sunday</u> Men's Prayer 7:30 am Morning Worship & Sunday School 10:00 am <u>Wednesday</u> Worship Generation 6:30 pm 7:00 pm C.E.L.L. Group at Norm & Leslie Abbott's in Tenmile. Info: The Paynes: Tim: 541-430-4771 or Tresta:541-44502811. <u>Thursday C.E.L.L. Groups</u> 6:30 pm at the Lakey's in Tenmile. Info: The Ledbetters: Don: 541-817-7551 or Terry: 541-817-7550. 6:30 pm at Bob & Shelly Powell's in Camas Valley. Info: The Standleys: Andy: 541-733-9561 or Shelly 541-733-9562. 7:00 pm at Ron & Ronda Rust's in Camas Valley. Info: The Lounsbury's: Steve: 503-545-7878 or Dianne : 541-505-4684.	Camas Valley United Methodist <u>Sunday</u> Morning Worship 9:00 am & Children's Sunday School Fellowship 10:00 am w/ beverages and snacks <u>Tuesday</u> Bible Study 2:00 pm
---	---	---

Camas Valley Volunteer Fire Department
PO Box 220
Camas Valley, OR 97416

Non Profit Organization
US Postage Paid
Permit No. 2442
Tenmile, OR 97481
Standard Mail A

CAMAS VALLEY PO BOXHOLDER
CAMAS VALLEY, OR 97416