



THE FLAME



Volume XV Issue X

"Put out" by the Camas Valley Fire Department Auxiliary

November 2015



**November is here!
Guess what is just
around the corner!**

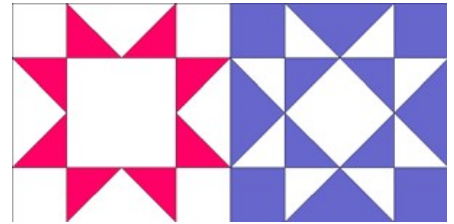
Yesssss! Cooler weather, some much needed rain—it all shifts us into fall/winter mode. Let us hope for much more rain! Those cool, rainy days are perfect for planning and creating those great silent auction items for the

Camas Valley Volunteer Fire Department's 2015 Annual Firemen's Appreciation Dinner.

This year's event will be held **Saturday, December 5th** at the **Grange Hall**, silent auction starting when the **doors open at 5 pm, supper at 6 pm, and quilt auction after supper, about 7 pm.** The **quilt raffle** winning ticket will be drawn after supper, as well. A children's **Christmas Corner** is also there to add excitement to their evening while the old folks are running up the other bids! The **Angel Tree** will be available for Secret Santas to fulfill a young one's need. What a heartwarming way to start off the Christmas season!

The Fire Department provides the meat entrée, gravy, mashed potatoes, and dinner rolls. The side dishes/salads/desserts are community-wide potluck and everyone always bring mind-boggling delicious dishes. And a bake sale table is there to take some of the goodness home! This is a wonderful time for new residents to meet their neighbors, old friends to catch up on the latest whoppers, and everyone support at community project.

Yes, the meal is free, but the donated auction items and quilts are a fundraiser to support the **CVVFD Building fund**. This community support of the Fire Department is a long running tradition of the Valley. *Be a supporter of a greatly appreciated service provided by volunteers in our community!*



Quilt Raffle

A sportsman's dream is the theme of this year's quilt for the **2015 Quilt Raffle**. This queen-sized quilt was created and machine quilted by **Linda Underhill**. It is currently hanging at the Farm Bureau but will be moved to the **Bravo Bakery & Café** by the second week of November. Check out the handiwork of this year's offering and you will be ready to wrap it up for your favorite sportsman for Christmas!

Tickets are only \$1 apiece and may be purchased at :

**Bravo Bakery & Café
Market Plus**
and of course from **Betty**.

All proceeds go to the **Camas Valley Volunteer Fire Department Building Fund**.

Food Pantry

The food pantry barrel connects this valley with the rest of the Winston-Dillard area. We have all faced economic rough spots, some more than others. As evidenced by the response to the tragic events at UCC, the communities of Douglas Co. are supportive and compassionate. Sometimes the giving goes one way, sometimes another—but people give, regardless. I am proud to be a resident of such a place.

Feed the barrel at the PO with a spare jar of peanut butter or non-perishables you found on sale. What goes around, comes around.

Thank You For Your Support!

We received donations from

Julie Weaver

Anonymous

this month.

Remember our Flame is published using donations only. They may be mailed to:

Vonnie Wallace
1200 Westside Road
Camas Valley, OR 97416

Please make checks payable to
Camas Valley Rural Fire District
and designate them for **THE FLAME**.

Grange: Hot food, Warm hearts!

All Grange events are open to the community. We are your friends and neighbors and friends you haven't met yet!

- ♦ **Tues. Nov. 3rd** Ladies' Luncheon at **noon** with bingo after.
- ♦ **Tues. Nov. 10th at 10 AM**, is the business meeting to plan the next luncheons.
- ♦ **There will be no** Senior luncheon Nov. 24th due the holiday.



Why an email subscription?

Email allows you to keep friends and family that have left the valley to keep up with the events that affect this community. **Or maybe you would just like to get the Flame (in color!) early—by the 26th.**

Send name and email address to:

jwickham52@gmail.com

and an electronic copy will be sent to them each month, free.

THE FLAME

The Flame is a monthly publication of the Camas Valley Rural Fire District Auxiliary. The mission of this newsletter is to keep the residents of Camas Valley informed about the events and activities of the fire department, churches, school and civic organizations that are in Camas Valley.

The Flame is provided free to all residents of Camas Valley by mail and anywhere by email.

To submit articles:

Items must be in by the **25th** of the month prior the issue publish date.

Submit to:

Jan Baker at **541-680-5616**
Judith Wickham at **541-733-6940**
jwickham52@gmail.com or
150 Buck Springs Rd. Camas Valley

Thank You

Thanks to all those who volunteered to give up their weekends and act as gatekeepers for the **Camas Valley Fun Days** this year. These events provide much support to the Camas Valley Volunteer Fire Dept. and benefit the entire community. Plus they are fun!

There have been so many wonderful, kind, and caring people that have sent prayers, love and many kinds of support to my daughter, Amy Osborne, my grandsons, and myself.

A short re-cap—June 12, 2015 Amy was hit head-on by a wrong way driver. She suffered many broken bones from the neck down; breaks have healed now. She suffers from TBI (Traumatic Brain Injury) also. To heal from this may take years. Amy is in treatment at Brookhaven in Tulsa, Oklahoma right now.

Everyone has been so kind and I just want to thank everyone.

Bless you all, thank you from Amy, her sons, me and my family.

Sincerely,
Julie Weaver

Santa would appreciate a little house-keeping...

Do you think it is easy sliding down all those chimneys Christmas Eve? Try it when they are clogged with old creosote and soot from last year, not to mention that it is a serious fire hazard. So, before you crank up that wood stove this year, get out that flue brush and help Santa. He's not getting any skinnier, you know.

Remember we have helpers listed in the **Business Directory** that might be able to handle this task for you!



CALLING ALL VOLUNTEERS

We all consider our time valuable, if you are going to spend time, it better be worth it. How much do you value your home, your family, your neighbors? How many activities you do, not only benefit yourself, but your community as well? AND SAVE YOU AND YOUR NEIGHBORS MONEY?

Did you realize that having a volunteer fire department in our community reduces the fire insurance rates for your home? If you doubt the impact that the Camas Valley Volunteer Fire Department has in the valley, just ask some of the residents that have recently dealt with home fires. These volunteers are not only your neighbors, but are local heroes.

Fire training is every Wednesday evening at 7 pm at the fire hall. Fire board meets the 2nd Monday of each month at 4 pm. Stop by and find out what it is all about. Why not be part of something real ? Sure beats Candy Crush.



Tenmile Community Center Family Carnival



Food and drinks

chili dog - frito pie - hot dog
soda - water - chips

Fun and games

cake walk - bean bag toss - fish pond
basketball shoot - face painting
ping pong ball toss

Basket Raffles

movie night - gardening - bath time
cold day - game night

****Children must be accompanied by an adult.****



Saturday, November 21st from 5 - 8 PM
at 2099 Tenmile Valley Road

www.tenmilebooks.org



DON'T BE A **SPACE HOG!**



Camas Valley Business Directory

Helmeted pigs flying through space, while an interesting thought, is not what I mean. I am referring to the limited space in the mixed recycling bins at the transfer site. Broken down boxes take FAR LESS space than intact ones. True, some boxes are more difficult to break down than others. Extra glue and super stretchy strong tape do make it a bit of a challenge, but that is what box cutters, knives, and scissors are for. If all else fails, stomp on it!

ALCL continued from pg. 6

I have been a surgical nurse for 25 years and currently work in an out-patient facility as the plastic surgery coordinator. Breast reconstruction for breast cancer, as well as cosmetic breast surgery, restores body image and self-confidence to so many women. The smooth breast implants do not seem to be involved. The differentiation between the two styles of implants must be made clear as not to create public fear or the casting out of the entire reconstructive process that benefits women all over the world.

Please do your part to create public awareness of this issue and stop the use of textured breast implants.

Thank you for your prompt attention to this very important issue.

Sincerely,

Teri Johnson RN, BSN, CNOR, RNFA

To have your business included in the **Flame**, please fill out the form below and mail or email it to the address listed. *If you missed the opportunity to get your business listed, now is the time to get your information out before our readers!*

The directory will be printed when space allows through-out the year. We encourage our readers to patronize local businesses and support your neighbors!

Type of Business

Name of Business

Owner/
Contact person

Phone
Number(s)

Days
open

Hours
open

Mail form to: **Judith Wickham
150 Buck Springs Rd.
Camas Valley, OR 97416**

Or email information to :
jwickham52@gmail.com

I received this letter from a cousin of mine a few weeks ago and thought it was good information to share. I hope you find it as informative as I did.

Ketti Walker RN

Dear Fellow Concerned Citizens,

This letter addresses the development of Anaplastic Large Cell Lymphoma (ALCL) in women who have textured breast implants. ALCL is a rare Non-Hodgkins lymphoma, normally found in older patients with presentation in the skin or internal organs. Recent reports are showing an association between, specifically, textured breast implants (saline or silicone) and the development of this rare cancer. This issue is not associated with leaking implants, but rather the actual surface of the implant.

I am writing this letter in an effort to create awareness, accelerate investigation and promote action regarding this terrible cancer. Not only the public, but also much of the medical community is largely unaware of this issue. Conscientious physicians who have recognized this reaction have created a registry database to collect patient information. Textured implants are still being made and used for breast augmentation. Most patients who have already had this style of implant placed are unaware of the association and risk. The public needs to be informed and this specific type of implant banned from use.

In 1999, my cousin Joanne had saline breast implants placed. In December 2014, that same cousin, healthy and forty years old, developed a lump in her left breast. Her OB/GYN referred her for further evaluation. Biopsies of her left breast and axillary tissue revealed ALCL. My cousin began chemo treatment in January and had a second round of chemotherapy in August. She had her breast implants removed on June 18, 2015 and they were in fact textured.

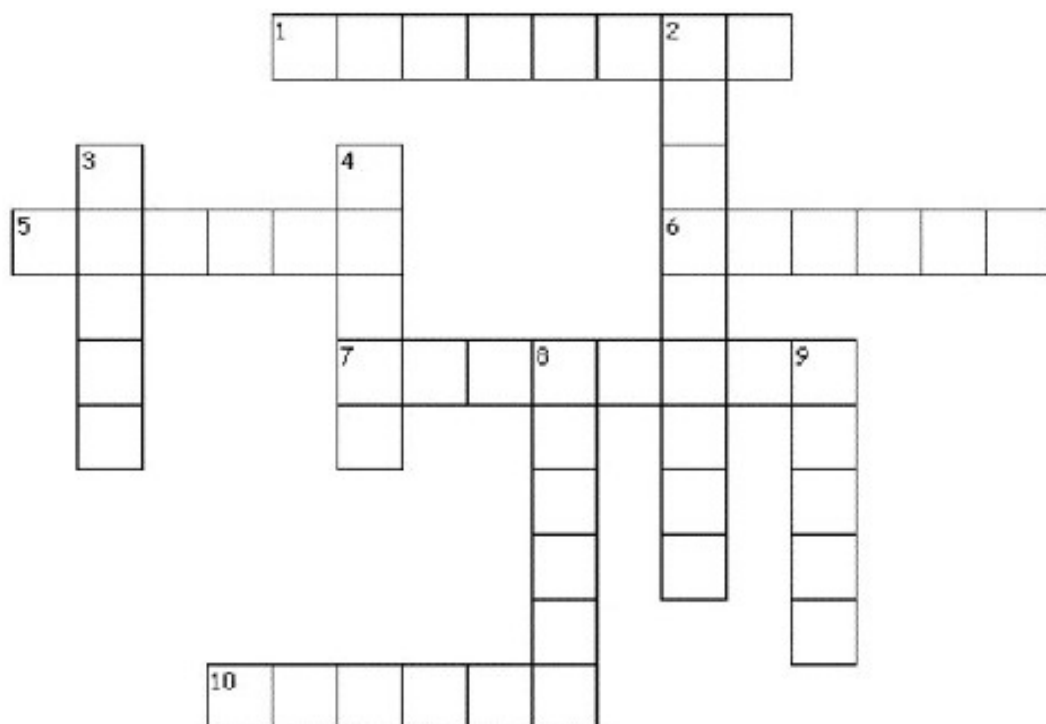


According to U.S. Department of Health & Human Services (2013), "In total, the FDA is aware of approximately 60 case reports of ALCL in women with breast implants worldwide". Research on the internet reveals many related articles when searching the key words "lymphoma" and "breast implants". According to "Macquarie University" (2014), "...infection was shown to be highest around textured breast implants and this may provide an explanation as to why BIA-ALCL seems to be more commonly seen in patients with textured implants". The 2015 March, volume 135, number 3 issue of "Plastic and Reconstructive Surgery" has multiple articles regarding this issue in its "Special Topic" section. One article covers the "Analysis of 173 Cases" (Brody, 2015). Joanne is not among the 173 cases described in the data that was accepted for publication in July of 2014. Unfortunately the number of women affected in the future will be much greater.

**October was Breast Cancer Awareness Month—
but it is a concern all year around.**

See ALCL on pg. 5

Thanksgiving Crossword



Across

1. people who have migrated to a different land from where they were born
5. reddish growth that covers the throat and neck of a turkey
6. a Thanksgiving time of year
7. fills up the bird and then fills up the people
10. main course at Thanksgiving supper

Down

2. another word for family members
3. another name for corn
4. a celebration including large quantities of food
8. people we visit on Thanksgiving
9. yummy sauce to pour over turkey

Word List: autumn, family, feast, gravy, maize, relatives, siblings, sibling, turkey, wattle





Superintendent's Message

The recent events at UCC have shaken the greater Douglas County community. As word came to our school of what was transpiring at UCC, there was apprehension, fear, shock, and incredible concern. Many of our employees and students have loved ones who attend UCC. In light of their stress and lack of information during those shocking first few hours, staff members acted with the utmost professionalism. The reaction, concern, and behavior of our students were likewise highly commendable during this trying time.

In the early stages of any crisis, information is hard to come by and difficult to rely on. I was supremely impressed with the efforts of staff and students working together to quickly compile lists of individuals with connections to our school who were attending UCC. With that list and the help of several staff members and students, we were able to confirm the safe physical well-being of every student we could think of with a Camas Valley connection within a very short time.

I went to all classes from the 7th grade up and informed them of what had happened at UCC, then provided any students with concern for loved ones an opportunity to contact them. These older students were also asked to be very mindful of what if anything they said about the incident around younger children. I was truly impressed with how mature and respectful our students were in carrying out this request.

I can't say enough about how proud I am of our staff and students in their handling of this tragedy.

Go Hornets!!

Patrick Lee
Superintendent/Principal



Student Council Elections

Camas Valley School recently held Student Council Elections. The following students were elected. Thank you to all who participated.

President: Tyler Dedmon
Vice President: Katie Clarke
Secretary: Kylie Vanassche
Treasurer: Darren Bringhurst
Sgt. At Arms: Elizabeth Gislason
Class Representatives:
Senior: Dylin Weickum
Junior: Lane Frost
Sophomore: Devan Ewing
Freshmen: James Beans
Eighth: Garrett Casteel

Pets and Wildfire

Just as humans prepare, it's important to have household pets and horses ready year-round for a potential wildfire evacuation. Preparing animals for an evacuation, however, requires an extra level of planning, preparedness and practice. NFPA's TakeAction campaign provides the tips you need before a wildfire threatens your area.

Evacuation tips

Bring pets inside at the early signs of a wildfire - that way if an evacuation notice is issued they'll be close and you won't have to spend time searching for them outdoors. If possible, take pets with you when evacuating; they could encounter problems when left on their own, and you could have difficulty locating them when you return. Don't ever delay leaving home during a fire to find pets; your personal safety could depend on a quick exit!

Homecoming Excitement

The 2015 Homecoming Court presided over this year's festivities. The court included:

Seniors: Tyler Palmer & Lilly Keck
Dylin Weickum & Katie Clarke
Juniors: Lane Frost & Kiley Abbott
Sophomores: Devan Ewing & Jessie Ashton
Freshmen: Ozi Brown & Morgan Banks

Tyler Palmer and Lilly Keck were crowned 2015 Homecoming King and Queen.



Thank you to our Jr. Court members that helped present flowers and sashes. They did an awesome job!

Tanner and Tenley Cummings
Logan Dancer and Jayda Jordan
Matthew Myers and Kylie Luck

Many thanks to **James Beans, Clayton Casteel** and the **Camas Valley Volunteer Fire Department** for all their help with Homecoming. Camas Valley School appreciates their time and effort to help make our parade and bonfire possible each year.

What to expect for your pets when you've been evacuated

The majority of human evacuation centers cannot accept pets due to health and safety regulations. Typically, only service animals are permitted in an evacuation center. If your family will be staying at a public shelter during an evacuation, it's important to know animals may not be allowed to stay with you.

In some communities, evacuation shelters are located close to where pets are kept, but that's not always the case. Plan ahead with friends/family/facilities who can care for them.

Camas Valley Business Directory



Alpacas, stock/fiber/ merchandise

**Turkey Gulch
Alpacas**
LaVon Newman
Sun.-Sat., 10-5
541-445-0804

Art, private painting
lessons
Lang Crk Studio
Kay Ganieany
Mon.-Thurs.,
by appt.
541-445-2001

Autobody repair/paint
**Green Collision
Repair/Horizon
Autobody**
Marvin & Rennae
DeVoogd
M-F, 8-5
541-679-6100

Beauty, health and gift
**Lord and Lady
Lavender**
Beth McNamara
Online 24/7
lordandladylavender.com
Anytime
408-857-8782

Beauty products
Avon
Mary Helen Banks
call 8am—8pm
7 days a week
541-643-6317

Beauty shop
Scissor Trix
Jennie Plikat
By appt.
541-733-1919

Christmas trees, U-cut /
wholesale
**Calico Christmas
Trees**
Contact:
Shari White
Nov. & Dec.
7 days/wk 9-4:30
**541-445-2350/
541-670-0458**

Construction, building

AMSI
Bill Lindsey
Mon.-Sat., 8-7
541-643-0366

Dump runs/yard help
Helper Hands
Jacob Hunt
Open to calls
541-643-5454

Lanakila Peck
Open to calls
541-643-2313

Electrical Contractor
Alan Sabin Electric
Alan Sabin
Generac generator
Sales/maintenance/
Installation/repair
M-S 7am-6pm
**541-440-3792
541-445-2070**

Eng. consulting design/
drafting
TV Design, LLC
Troy I. Vanderhoof,
P.E.
M-F, 9:00-17:00
541-643-0138

Gifts
Joy's Gift Shop
Sharri Payne
Thur.-Sat., 10-3
541-430-2449

Health and wellness
Plexus worldwide
Supplements
Charman Shields
541-430-3600
www.plexusslim.com/
charmanshields

Honey bees, hive removal,
classes on honey bees
Phill the Bee Guy
Phill Moulton
phillthebeeguy@gmail.com
503-349-8463

Horses

Blankets/maintenance
**Horse Blanket
Wash & Repair**
Jeanette Day
541-445-0800

Boarding/consult/train
**Blue & Gold
Stock Farm**
Marge Vilas
Every day, 10-5
541-430-4225

Housekeeping
Maid in the Shade
Lisa Muller
541-430-1974

Jewelry, decorative/
therapeutic
**Mommy & Me
Jewelry**
Janna Vanderhoof
M-F, 9-5 or appt.
541-643-1934

Locksmith, keys /locks
**Camas Valley Key
Shop**
Bruce Jehning
7days/wk
24 hr. emerg.
541-445-2014

Machine quilting
Sew Fun
Linda Underhill
Call for appt.
541-580-2814

Museum/restaurant
Noah's Ark
Irvn /Shirley Thrush
S-F, 9-dark,
Sat. 2-dark
541-784-1261

Notary/Post Office
CV Post Office
Vickie Farmer
M-F 8-3 Sat 10-2
**541-445-2177
541-643-5059**

Portable sawmill service
**Backwoods
Custom Milling**
Harvey Saul
**541-671-1993
541-445-2888**

Real Estate, broker

**Berkshire Hatha-
way Homeservices
Real Estate
Professionals**
J.T. Berk
24/7
541-430-6078

Rental, Storage,
BK Mini Storage
Ketti & Bill Walker
7 days/wk.,
daylight-dark
541-445-2902

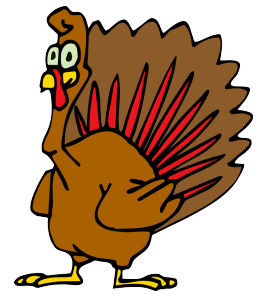
Sewer/underground
utilities/roads/pads
**Scott Standley
Const.**
Scott & Darla
Standley
Mon.-Sat., 8-5
541-445-2245

Shetland Sheep/ English
Angora Rabbits stock/ fiber
**Camas Valley
Fiber Farm**
By appt. only
541-733-6343

Shoe repair /leatherwork
Art's Shoe Repair
Joe Ferrara
T-F 9-5:30,
Sat. 9-5.
541-673-8541

Small engine repair
Hunt's Chainsaw
Theran Hunt
Mon.-Fri.
541-430-7283

November



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1 DID YOU REMEMBER TO TURN BACK YOUR CLOCK?	2	3 Community Ladies Lunch Noon / Bingo At the Grange	4 Fire Dept. Training 7pm	5 S.M.A.R.T. 2:30-3:30	6 No School Parent/Teacher conferences	7 MSBB LFL Jambo-ree @ Glide TBA
8	9 Fire Dept. Bd. Mtg. 4	10 MSBB HOME Riddle 4:30 Grange Bus. Mtg. 10 am @Grange	11 Veterans Day No School  Fire Dept. Training 7pm	12 S.M.A.R.T. 2:30-3:30 MSBB@ Canyonville 4:30 Community Birthday Party 5:30 @Bravo	13	14
15	16	17 MSBB HOME Days Creek 4:30	18 Fire Dept. Training 7pm	19 S.M.A.R.T. 2:30-3:30 MSBB @ Glendale 4:30	20 No School	21 Tenmile Family Carnival 5-8 pm
← College Application Week →						
22	23	24 MSBB @ Riddle 4:30	25 Early Release Fire Dept. Training 7pm	26 Thanksgiving 	27	28
← No School →						
29	30 MSBB HOME Canyonville 4:30					

Camas Valley Churches

Camas Valley Missionary Church	Camas Valley Christian Fellowship	Camas Valley United Methodist
<u>Sunday</u>	<u>Sunday</u>	<u>Sunday</u>
Sunday School 9:30 am	Men's Prayer 7:30 am	Morning Worship 9 am
Morning Worship 10:45am	Morning Worship & Sunday School 10:00 am	& Children's Sunday School
<u>Wednesday</u>		Fellowship 10 am
Bible Study 10:00 am	On the fourth Wednesday of each month all the C.E.L.L. groups come together for worship and teachings at Camas Valley Christian Fellowship. If there is a 5th Wednesday in a given month there will be NO SERVICE or C.E.L.L Group.	w/ beverages and snacks
	All the other Wednesdays we meet in small groups in various homes here in Camas Valley, Winston, and Roseburg areas.	<u>1st Tuesday, monthly</u>
	A directory of all the home fellowships is available at the church.	Bible Study 2 pm

Camas Valley Volunteer Fire Department
PO Box 220
Camas Valley, OR 97416

Non Profit Organization
US Postage Paid
Permit No. 2442
Tenmile, OR 97481
Standard Mail A

CAMAS VALLEY PO BOXHOLDER
CAMAS VALLEY, OR 97416